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Total Risk Administrators (Pty) Ltd (TRA) an authorised financial services provider - FSP No 40815

# 4D GAP COVER PRODUCT RANGE

www.4dhealth.co.za

Fourth Dimension Health Services (Pty) Ltd
an authorised financial service provider
- FSP No 14861

2024

DON'T STRESS! THE GAP IS COVERED.

# **Medical Shortfall Cover**

### THE FOLLOWING BENEFITS ARE SUBJECT TO AN AGGREGATE ANNUAL LIMIT OF R198 660 PER INSURED PERSON.

This amount is calculated annually according to the prescribed table under Regulation 7.2(1) of Regulation 7.2(2) - Policy benefits escalation, in terms of the Short-term Insurance Act, 1998 (Act No. 53 of 1998). This amount will be increased on 1 April 2024 by the official CPI as published by Statistics South Africa (as defined in the Statistics Act, 1999 (Act No. 6 of 1999)).

Click HERE to see a table showing the latest limit amount.

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PRODUCT  CAR COVER (to and out of bossited traiff the atfalls)	4D BASIC 300	4D VITAL PLUS	4D SUPER PLUS	4D ABSOLUTE PLUS
GAP COVER (In and out-of-hospital tariff shortfalls): The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for authorised procedures e.g. childbirth. The cover is limited to a percentage of the original scheme tariff. (Subject to the shortfall being paid from the In-Hospital or Major Medical Benefit). Out-of hospital shortfalls are subject to a defined list of procedures. Click <a href="HEEE">HEEE</a> to view.	300%	700%	700%	700%
PRESCRIBED MINIMUM BENEFITS:  A set of defined benefits, as per the Medical Schemes Act, in terms of which all medical schemes have to cover the costs related to the diagnosis, treatment and care of: any emergency medical condition; a limited set of 270 medical conditions; and 27 chronic conditions.	Covered, subject to medical aid review	Covered, subject to medical aid review	Covered, subject to medical aid review	Covered, subject to medical aid review
CASUALTY UNIT BENEFIT: Accidents only. Children under the age of 8 ONLY - May be admitted for any treatment at a casualty unit linked to a hospital between the hours of 7pm to 7am from Monday to Friday, from 7pm on a Friday until 7am on a Monday, and all day on a public holiday.	Up to R3 300 per policy per annum	Up to R8 800 per policy per annum	Up to R13 000 per policy per annum	Up to R22 000 per policy per annum
On-Payment or deductible that your medical aid charges you for certain in-hospital procedures, e.g. a gastroscopy, colonoscopy, sigmoidoscopy or proctoscopy.  The co-payment or deductible that your medical aid charges you for certain in-hospital procedures, e.g. a gastroscopy, colonoscopy, sigmoidoscopy or proctoscopy.  The co-payment or deductible that your medical aid charges you for certain procedures performed in the doctor's rooms e.g. a gastroscopy, colonoscopy, sigmoidoscopy or proctoscopy BUT which have been authorised and paid from the In-Hospital or Major Medical benefit.  This co-payment or deductible is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.	No Benefit	Up to R13 000 per policy per annum	Up to R60 000 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
CO-PAYMENT BENEFIT: (Out of Network i.e. Voluntary use of a non-designated service provider) The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. This co-payment or deductible is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.	No Benefit	No Benefit	1 co-payment per policy per annum. Up to R5 000	2 co-payments per policy per annum up to a combined limit of R16 000
CO-PAYMENT BENEFIT: Out of Hospital MRI/CT/PET scans The co-payment or deductible that your medical aid charges you for MRI / CT / PET scans BUT which have been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	No Benefit	1 MRI / CT / PET scan per policy per annum up to R12 000	2 scans per policy per annum. Unlimited but subject to the aggregate annual limit per insured person per annum
SUB-LIMIT BENEFIT: Internal Prostheses The shortfall on a service provider account that is not covered because you have reached the sub-limit for Internal Prostheses imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	Up to R5 500 per policy per annum	Up to R11 000 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum. Up to R65 000 per event
SUB-LIMIT BENEFIT: MRI / CT / PET Scans The shortfall on a service provider account that is not covered because you have reached the sub-limit for MRI / CT / PET scans imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	No Benefit	1 MRI / CT / PET scan per policy per annum up to R3 600	2 MRI / CT / PET scans per policy per annum up to R6 000 per scan
SUB-LIMIT: COLONOSCOPIES AND GASTROSCOPIES  The shortfall on a service provider account that is not covered because you have reached the sub-limit for Colonoscopies and Gastroscopies imposed by your medical aid AND which has been authorised and paid from the In-Hospital or Major Medical benefit.	No Benefit	No Benefit	Up to R13 000 per policy per annum. Up to R3 600 per event	Up to R22 000 per insured person per annum. Up to R6 000 per event
DENTAL BENEFIT: The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for authorised dental procedures performed in hospital or in doctor's rooms and paid from the in-hospital or major medical benefit only. The cover is limited to a percentage of the original scheme tariff, as follows:  Adults and dependants over 18 years of age: Treatment of impacted wisdom teeth, extractions, apicectomies or loss of teeth due to oncology or trauma ONLY.  Dependants up to 18 years of age: Any procedure or treatment.	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
GLOBAL FEE BENEFIT:  Where a global fee has been negotiated between a medical aid and service providers for a specific procedure e.g. robotic surgery (which includes ALL costs related to that procedure) and service providers charge amounts in excess of this global fee (not related to a tariff rate, co-payment or sub-limit).	No Benefit	No Benefit	Up to R12 000 per policy per annum	Up to R24 000 per policy per annum
ONCOLOGY:	4D BASIC 300	4D VITAL PLUS	4D SUPER PLUS	4D ABSOLUTE PLUS
ONCOLOGY GAP BENEFIT: The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for medical aid approved oncology treatment plans. (NB: Subject to: the gap cover percentage; and medical aid approved treatment plan being covered up to scheme tariff and within annual scheme oncology limit).	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
ONCOLOGY CO-PAYMENT BENEFIT: (In Network)  The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. This co-payment is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.  For claims where the medical aid will only pay a percentage for the approved treatment and the policyholder needs to pay the remaining percentage of the account.  All costs to be within the annual scheme oncology limit.	No Benefit	Up to R13 000 per policy per annum	Up to R60 000 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
ONCOLOGY CO-PAYMENT BENEFIT: (Out of Network i.e. voluntary use of a non-designated service provider)  The co-payment or deductible that your medical aid charges you for certain in-hospital procedures. This co-payment is NOT related to the scheme tariff and service provider charge shortfall or designated service provider arrangements.  For claims where the medical aid will only pay a percentage for the approved treatment and the policyholder needs to pay the remaining percentage of the account.  All costs to be within the annual scheme oncology limit.	No Benefit	No Benefit	1 co-payment per policy per annum. Up to R5 000	2 co-payments per policy per annum up to a combined limit of R16 000
ONCOLOGY EXTENDER BENEFIT: Includes ANY approved costs above annual scheme oncology limit but subject to the medical aid scheme covering up to this limit.	No Benefit	No Benefit	Up to R35 000 per policy per annum	Unlimited but subject to the aggregate annual limit per insured person per annum
ONCOLOGY "NEW-TECH" BENEFIT We cover the shortfall / co-payment on new technology oncology treatment (specifically Keytruda", Xalkori", Tagrisso", Yervoy", Zelboraf", Imbruvica"). Subject to a medical aid authorised treatment plan and designated service providers being utilised.	No Benefit	No Benefit	Up to R8 200 per policy per annum	Up to R16 500 per policy per annum
ONCOLOGY GAP BENEFIT: BREAST RECONSTRUCTION SURGERY The shortfall that arises after your medical aid has processed your account and is due to service providers charging above scheme tariff for medical aid approved oncology related breast reconstruction surgery, including the unaffected breast. (NB: Subject to: the gap cover percentage; and medical aid approved treatment plan being covered up to scheme tariff and within the annual scheme oncology limit).	No Benefit	No Benefit	Up to R18 000 per beneficiary per life of the policy	Up to R35 000 per beneficiary per life of the policy
MATERNITY PRIVATE WARD BENEFIT: The shortfall between the General Ward Rate and the Private Ward Rate, for hospitalisation for childbirth, where an admission to a Private Ward occurred.	No Benefit	No Benefit	Limited to a maximum of R500 per day, for a total of 3 consecutive days	Limited to a maximum of R2000 per day, for a total of 3 consecutive days

#### THE FOLLOWING BENEFITS ARE NOT SUBJECT TO THE AGGREGATE ANNUAL LIMIT.

PRODUCT	4D BASIC 300	4D VITAL PLUS	4D SUPER PLUS	4D ABSOLUTE PLUS
ACCIDENTAL DEATH COVER Insured / Spouse Dependant	R7 000 R4 000	R10 000 R5 500	R20 000 R 8 000	R30 000 R20 000
POLICY EXTENDER  The full gap cover premium is covered in the case of the accidental death of the main policyholder.	12 months	12 months	12 months	12 months
MEDICAL AID CONTRIBUTION WAIVER Provides cover towards a policyholder's medical aid contribution in the case of the accidental death of the main policyholder. Cover is limited to the lower of the actual medical aid contribution or the maximum amount allowed.	No Benefit	6 months. Up to a max. of R4 400 per month	6 months. Up to a max. of R5 500 per month	6 months. Up to a max. of R6 600 per month
TRA ASSIST (powered by MobiMed)				
HOME DRIVE A designated driver service including "Own Vehicle" OR "Uber" services.	6 trips per policy per annum. Limited to a 50km radius.	6 trips per policy per annum. Limited to a 50km radius.	6 trips per policy per annum. Limited to a 50km radius.	6 trips per policy per annum. Limited to a 50km radius.
PANIC BUTTON 24-hour access to a crisis manager who will guide you through an emergency. Now also includes Roadguard - a security assistance service offered to clients that might find themselves next to the road due to a breakdown.	Included	Included	Included	Included
MEDICAL HEALTH AND TRAUMA COUNSELLING LINE Unlimited access to qualified nurses 24 hours a day for telephonic emergency medical advice, assessment of symptoms, explanation of medical terms, etc. Now includes a COVID-19 CARE LINE.	Included	Included	Included	Included
SUBMIT CLAIM Submit your claims documents via the mobile app.	Included	Included	Included	Included

#### TRAVEL BENEFIT

All TRA Gap Cover policyholders, under the age of 71, have access to the benefit of comprehensive travel insurance, the cost of which is covered by TRA provided that you remain a TRA Gap Cover policyholder and ensure that premium payments thereunder are up to date. The said travel insurance is underwritten by Guardrisk Insurance Company Limited, a licensed non-life insurer, and administered by Hepstar Financial Service (Pty) Ltd, both being registered Financial Services Providers. Click HERE for Idle details. Should you plan to travel and have any enquiries about the cover or wish to request the documentation confirming cover, please contact Hepstar Financial Services (Pty) Ltd on +27 (O)11 929 3185 or email info@hepstar.com.

You also qualify to buy a top-up plan by clicking HERE to increase your medical and baggage

You also qualify to buy a top-up plan by clicking <u>HERE</u> to increase your medical and baggage related cover, as well as add cover for trip cancellation, pre-existing medical conditions, missed connections and more.

Benefits include but are not limited to:

Emergency Medical and Related expenses: R600 000. Excess R500.

COVID-19 Extension: Emergency inpatient or outpatient treatment due to COVID-19 R600 000. Excess R500. Medical evacuation, repatriation or transportation to a medical centre - FULL COST covered when arranged by Hepstar Financial Services.

Hospital Cash benefit R500 per day (max R3 000).
Inconvenience Cover: Baggage Cover: R5 000 for theft, damage or loss by travel supplier.

#### MONTHLY PREMIUMS

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PRODUCT	4D BASIC 300	4D VITAL PLUS	4D SUPER PLUS	4D ABSOLUTE PLUS		
Under 65's (Based on the age of the oldest Beneficiary) premium per policy per month		R300	R330	R531		
Premium per Individual per policy per month	R 99					
Premium per Family per policy per month	R180					
Over 65's (Based on the age of the oldest Beneficiary) premium per policy per month	R360	R450	R490	R657		

#### **GAP COVER: The Important Information**

#### All of our 2024 Gap Cover Policies:

- Provide benefits for a policyholder and their spouse and those financially dependent on them (child/children and/or aged parents) who are covered on one policy of a registered medical aid scheme. Subject to proof of membership and the premium being based on the age of the oldest beneficiary. Members and their dependants can also be on two different medical aids and one Gap Cover Policy but only if they are legally married, or common law partners verified by submission of an affidavit confirming 12 months of cohabitation.
- May allow for immediate benefits for all policyholders except for a limited list of specific conditions and/or procedures (there is no general 3 month waiting period).
- Have no entry age limit.
- Cover Prescribed Minimum Benefits (PMB's) where a medical aid scheme has failed to meet its obligations in this regard (Subject to medical aid scheme review and for non-emergencies only).
- Are not medical aid schemes. The cover is not the same as that of a medical aid scheme. The cover is not a substitute for a medical aid scheme membership.
- NB: Refer to the policy document for the complete list of terms and conditions.

# WHEN CAN YOU CLAIM?

#### > We have payment runs three times a week, making us well known for our great claims turnaround time!

# GENERAL WAITING PERIOD

There is no general three (3) month waiting period. The following waiting periods commence from the Join Date of the Gap Cover Policy:

# 10 MONTH CONDITION SPECIFIC WAITING PERIOD

No claims may be submitted within the first 10 months of membership for any Gap Cover policy if they relate to any of the following conditions:

- · Head, neck and spinal procedures e.g. Laminectomy
- All types of hernia procedures
- Endoscopic procedures e.g. Colonoscopy, Gastroscopy
- Pregnancy and childbirth (including caesarean delivery)
- Gynaecological conditions e.g. Hysterectomy
- Joint replacement (including Arthroplasty, Arthroscopy, Metatarsal Osteotomy) but excluding treatment due to accidental trauma
- Inability to walk / move without pain
- Any renal, liver, kidney and bladder conditions
- Cardiac (relating to the heart)
- Dentistry (unless due to accidental trauma or oncology)
- Cataracts and / or eye laser surgery (including all eye and lens procedures)
- Neurological conditions and procedures
- Organ transplants (including cochlear implants)
- Reconstructive surgery as a result of an incident or condition that occurred prior to membership (including skin grafts)
- Mental health or psychiatric conditions (including depression)
- Varicose veins

- Oesophagitis, Gastroenteritis and Gastro-Intestinal Disorders
- Male genital system (including prostatectomy)
- Carpal Tunnel Syndrome
- Any Ear, Nose and Throat procedures (including nasal, sinus, tonsil and adenoid procedures)
- · Diabetes and related complications
- Respiratory conditions e.g. COPD; Cystic Fibrosis (excluding viral conditions e.g. bronchitis)

All claims for these conditions received within the waiting period will be reviewed by medical management to identify pre-existing conditions.

# CANCER DIAGNOSIS WAITING PERIOD

If a Policyholder is diagnosed with any form of cancer prior to membership, all related claims will be subject to a nine (9) month waiting period. If a Policyholder has previously been diagnosed with cancer and is currently in remission, the Policyholder needs to advise the insurer by way of medical evidence that the remission period has been for two (2) or more consecutive years.

# PRE-EXISTING MEDICAL CONDITION/S WAITING PERIOD

NO claims relating to any pre-existing condition/s that may lead to hospitalisation (excluding cancer: see above) will be covered within the first six (6) months of membership. The insurer reserves the right to request any clinical information from a Policyholder's doctor should a claim in this period indicate, and/or relate to, a pre-existing condition. All claims for these conditions received within the waiting period will be reviewed by medical management to identify pre-existing conditions.

