

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

DISCOVERY HEALTH MEDICAL SCHEME
2024



Chronic Illness Benefit medicine list (formulary) 2024

DISCLAIMER

The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme rules are available on our website at www.discovery.co.za under Medical Aid > About Discovery Health Medical Scheme.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za under Medical Aid > Find a doctor or click on Find a provider in the Discovery Health app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on our website at www.discovery.co.za under Medical Aid > Find documents and certificates.

Nominate a primary care GP for the management of your chronic conditions

There is overwhelming medical evidence that patients experience improved health outcomes when their primary care is coordinated through a single primary care GP. For all health plans except the Executive Plan, you and your dependants need to nominate a primary care GP for the effective management of your chronic conditions.

When you visit your nominated network GP for the management of your chronic condition, we'll cover the consultation in full. If you see a GP who is not your nominated primary care GP, or your nominated GP is not a network GP, you will experience a co-payment. Nominate your GP or manage your existing nomination [here](#) or visit www.discovery.co.za > Medical aid > Nominate a primary care GP.

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

| TERMINOLOGY | DESCRIPTION |
|------------------------------------|---|
| Active ingredient | This is the main substance in a medicine that is responsible for the clinical action on a human body. |
| Benefit year | A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only. |
| Chronic Disease List (CDL) | A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits. |
| Chronic Drug Amount (CDA) | The Chronic Drug Amount (CDA) is the monthly amount that we pay for a medicine class, subject to a member's plan type. This applies to chronic medicine that is not listed on the medicine list (formulary). |
| Co-payment | This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover. |
| Emergency medical condition | An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency. |
| Medicine class | This describes medicines that have similar chemical structures or similar therapeutic effects. |
| NAPPI Code | This is a unique identifier for a given medicine, surgical or consumable product. |
| Prescribed Minimum Benefits (PMBs) | In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of: <ul style="list-style-type: none"> An emergency medical condition A defined list of 271 diagnoses A defined list of 27 chronic conditions. To access Prescribed Minimum Benefits (PMBs), there are rules that apply: <ul style="list-style-type: none"> Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions. The treatment needed must match the treatments in the defined benefits. You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However, even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. If your treatment doesn't meet the above criteria, we will pay according to your plan benefits. |
| Reference Price | <ul style="list-style-type: none"> The Reference Price is the set monthly amount we pay for a medicine category. This applies for medicine that is not listed on the medicine list (formulary). |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



The Chronic Disease List (CDL) medicine list (formulary) for all plan types

The CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2024 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|---|---|
| Addison's disease | R215 | R215 | Systemic Corticosteroids: Hydrocortisone | Hydrocortisone | Covocort 10mg |
| | R150 | R150 | Systemic Corticosteroids: Mineralocorticoids | Fludrocortisone | Florinef acetate 0.1mg |
| Asthma | R205 | R205 | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/dose |
| | R40 | R40 | Adrenergics: Short acting - Salbutamol | Salbutamol | Glenbute 200 dose 100mcg |
| | | | | | Ventimax CFC free 200 dose 100mcg |
| | R120 | R175 | Anti-asthmatics: Systemic Xanthines | Theophylline | Theophylline anhydrous Kiara 200mg; 300mg |
| | R240 | R240 | Formoterol and Beclomethasone | Formoterol and Beclomethasone | Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans) |
| | R240 | R240 | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans) |
| | | | | | Symbicord turbohaler 60 dose 160/4.5mcg |
| | | | | | Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans) |
| | | | | | Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans) |
| | R240 | R240 | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 120 dose 100/5mcg; 200/5mcg |
| | R260 | R260 | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | R190 | R190 | Inhaled Glucocorticoids | Beclomethasone | Beceze 200 dose 50mcg |
| | | | | | Beclate 200 dose 50mcg; 100mcg; 200mcg |
| | | | | | Beclomethasone Glenmark 200 dose 100mcg; 200mcg |
| Budesonide | | | | Budeflam HFA 300 dose 100mcg; 200mcg | |
| R240 | R240 | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Airflusal forspiro 60 dose 50/250; 50/500 (Not available on KeyCare plans) | |
| | | | | Sereflo DPI 60 dose 50/100; 50/250; 50/500 (Not available on KeyCare plans) | |
| | | | | Sereflo HFA 120 dose 25/50 | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|------------------------------------|---|
| Asthma | R240 | R240 | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans) |
| | | | | | Sereflo HFA synchrobreathe 120 dose 25/50 |
| | | | | | Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans) |
| | R240 | R240 | Vilanterol and Fluticasone combinations | Vilanterol and Fluticasone furoate | Revinty ellipta 30 dose 92/22mcg; 184/22mcg (Not available on KeyCare plans) |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | | | Panafcort 5mg |
| Trolic 5mg | | | | | |
| Bipolar mood disorder | R110 | R130 | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | | | Citalopram 20 Oethmaan 20mg |
| | | | | | Depramil 20mg |
| | | | | | Recita 20mg |
| | | | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | | | Dolin 10mg; 20mg |
| | | | | | Emerdyne 10mg; 20mg |
| | | | | | Esetam 10mg; 20mg |
| | | | | | Zyescito 10mg; 20mg |
| | | | | Fluoxetine | Fluoxetine 20 Oethmaan 20mg |
| | | | | | Zydus Fluoxetine 20mg |
| | | | | Sertraline | Dyna Sertraline 50mg; 100mg |
| | | | | | Serlife 50mg; 100mg |
| | | | | | Tralidep 50mg; 100mg |
| | | | | R290 | R385 |
| Tegretol CR 200mg; 400mg | | | | | |
| Zeptol 200mg | | | | | |
| R430 | R430 | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg; 300mg | |
| | | | | Convulex syrup 250mg/5ml | |
| | | | | Epilim crushable 100mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|--|---|--|--|
| Bipolar mood disorder | R430 | R430 | Anti-epileptics: Fatty acid derivatives | Valproic acid | Epilim sugar-free syrup 200mg/5ml |
| | | | | | Eprolep CR 200mg; 300mg; 500mg |
| | | | | | Navalpro CR 200mg; 300mg; 500mg |
| | | | | | Navalpro liquid 200mg/5ml |
| | | | | | Valeptic CR 300mg; 500mg |
| | R325 | R325 | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | | | Girotec 50mg; 100mg; 200mg |
| | | | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | | | Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg |
| | R160 | R160 | Anti-psychotics: Butyrophenone derivatives | Haloperidol | Haloperidol 5 Oethmaan 5mg |
| | R615 | R945 | Anti-psychotics: Clozapine | Clozapine | Clozapine Oethmaan 25mg; 100mg |
| | R360 | R360 | Anti-psychotics: Indole derivatives | Ziprasidone | Zipsid 20mg; 40mg; 60mg; 80mg (Not available on KeyCare plans) |
| | R345 | R345 | Anti-psychotics: Lithium | Lithium | Camcolit 250mg; 400mg |
| | R365 | R365 | Anti-psychotics: Olanzapine | Olanzapine | Alonza 5mg; 10mg |
| | | | | | Nezolap 5mg; 10mg |
| | | | | | Olandus 5mg; 10mg |
| | | | | | Oleanz 5mg; 10mg |
| | | | | | Olexar 5mg; 10mg |
| R400 | R400 | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil 25mg; 50mg; 100mg | |
| R295 | R295 | Anti-psychotics: Quetiapine | Quetiapine | Aroquet 25mg; 100mg; 200mg; 300mg | |
| | | | | Dopaquel 25mg; 100mg; 200mg; 300mg | |
| | | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|--|-----------------------------------|-------------------------------------|
| Bipolar mood disorder | R295 | R295 | Anti-psychotics: Quetiapine | Quetiapine | Qesara 25mg; 100mg; 200mg; 300mg |
| | | | | | Torquit 25mg; 100mg; 200mg; 300mg |
| | | | | | Zimbiquet 25mg; 100mg; 200mg; 300mg |
| | R560 | R650 | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | | | Fluanxol depot 1ml 20mg |
| | | | | Zuclopenthixol | Clopixol 2mg; 10mg |
| | | | | | Clopixol depot 200mg |
| | R270 | R270 | Other anti-psychotics: Aripiprazole | Aripiprazole | Abipip 5mg; 10mg; 15mg |
| | | | | | Alebon 5mg; 10mg; 15mg |
| | | | | | Aprizon 5mg; 10mg; 15mg |
| | | | | | Aridus 10mg; 15mg |
| | | | | | Aripiprazole Mylan 5mg; 10mg; 15mg |
| | | | | | Aripiprazole Teva 5mg; 10mg; 15mg |
| Arizofy 5mg; 10mg; 15mg | | | | | |
| Priptrin 10mg; 15mg | | | | | |
| Radzil 5mg; 10mg; 15mg | | | | | |
| Thryve 5mg; 10mg | | | | | |
| R360 | R360 | Other anti-psychotics: Risperidone | Risperidone | Risnia 0.5mg; 1mg; 2mg; 3mg | |
| | | | | Rispacor 0.5mg; 1mg; 2mg; 3mg | |
| | | | | Rispide 0.5mg; 1mg; 2mg | |
| | | | | Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg | |
| | | | | Zoxadon ODT 0.5mg; 1mg; 2mg | |
| Bronchiectasis | R40 | R40 | Adrenergics: Short acting - Salbutamol | Salbutamol | Glenbute 200 dose 100mcg |
| | | | | | Ventimax CFC free 200 dose 100mcg |
| | R260 | R260 | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | | | Panafcort 5mg |
| | | | | | Trolic 5mg |
| R80 | R90 | ACE inhibitors and diuretics | Enalapril and diuretics | Acenten 20/12.5mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|------------------------------|--|--|
| Cardiac failure | R80 | R90 | ACE inhibitors and diuretics | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | | Perindopril and diuretics | Ciplasyl Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on KeyCare plans) |
| | | | | | Perdotor Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Perindopril co Unicorn 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Prexum Plus 5/1.25mg; 10/2.5mg (Not available on KeyCare plans) |
| | | | | | Spec-Perindopril Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Trexeva Plus 5/1.25mg |
| | | | | | Vectoryl Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | R175 | R185 |
| R65 | R75 | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg | |
| | | | | Mylan Captopril 25mg; 50mg | |
| | | | Enalapril | Alapren 5mg; 10mg; 20mg | |
| | | | | Enalapril Arya 5mg; 10mg; 20mg | |
| | | | | Enalapril Unicorn 5mg; 10mg; 20mg | |
| | | | | Hypace 5mg | |
| | | | | Natrapress 10mg; 20mg | |
| | | | | Tenezil 10mg; 20mg | |
| | | | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg | |
| | | | | Liso 5mg; 10mg; 20mg | |
| | | | | Lizro 5mg; 10mg; 20mg | |
| | | | | Sinopren 5mg; 10mg; 20mg | |
| | | | Perindopril | Pearinda 4mg; 8mg (Not available on KeyCare plans) | |
| | | | | Perdotor 4mg; 8mg (Not available on KeyCare plans) | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|--|-------------------------------|--|
| Cardiac failure | R65 | R75 | ACE inhibitors: Plain | Perindopril | Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Prexum 10mg (Not available on KeyCare plans) |
| | | | | | Ran-Perindopril 4mg (Not available on KeyCare plans) |
| | | | | | Reprex 4mg; 8mg |
| | | | | | Vectoryl 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Zyace 4mg (Not available on KeyCare plans) |
| | R220 | R220 | Alpha and Beta blocking agents | Carvedilol | Carloc 6.25mg; 12.5mg; 25mg |
| | | | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | | | Rubitrend 12.5mg; 25mg |
| | R90 | R100 | Angiotensin II antagonists: Combinations | Losartan and diuretics | Austell Losartan co 50/12.5mg |
| | | | | | Co-Normoten 50/12.5mg; 100/25mg |
| | | | | | Hylokat 50/12.5mg; 100/25mg |
| | | | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | | | Losartan comp Biotech 50/12.5mg; 100/25mg |
| | | | | | Sartoc-co 50/12.5mg; 100/25mg |
| | | | | Zartan co 50/12.5mg; 100/25mg | |
| | | | | Telmisartan and diuretics | Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | | | | |
| Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | | | | |
| Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | | | | |
| Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | | | | |
| Valsartan and diuretics 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|-------------------------|---|
| Cardiac failure | R90 | R100 | Angiotensin II antagonists: Combinations | Valsartan and diuretics | Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) |
| | R75 | R110 | Angiotensin II antagonists: Plain | Irbesartan | Trobet 150mg; 300mg (Not available on KeyCare plans) |
| | | | | Losartan | Annin 50mg; 100mg |
| | | | | | Austell Losartan 50mg; 100mg |
| | | | | | Losartan Accord 50mg; 100mg (Not available on KeyCare plans) |
| | | | | | Losartan Macleods 50mg; 100mg (Not available on KeyCare plans) |
| | | | | | Normoten 50mg; 100mg (Not available on KeyCare plans) |
| | | | | | Zaario 50mg; 100mg (Not available on KeyCare plans) |
| | | | | | Zartan 50mg; 100mg (Only Executive and Comprehensive plans) |
| | | | | Telmisartan | Telpres 40mg; 80mg (Not available on KeyCare plans) |
| | | | | Valsartan | Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans) |
| | | | | | Niosar 80mg; 160mg (Not available on KeyCare plans) |
| | | | | | Regoval 80mg; 160mg (Only Executive and Comprehensive plans) |
| | | | | | Valheft 80mg; 160mg (Only Executive and Comprehensive plans) |
| | Vasovan 80mg; 160mg (Only Executive and Comprehensive plans) | | | | |
| | R120 | R120 | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hydralazine HCl 25 Kiara 25mg |
| | | | | | Hyperphen 10mg; 50mg |
| | R60 | R70 | Beta blocking agents: Selective | Bisoprolol | Adco-Bisocor 5mg; 10mg |
| | | | | | Biloblok 5mg; 10mg |
| | | | | | Bilocor 5mg; 10mg |
| Bisbeta 5mg; 10mg | | | | | |
| Bislo 5mg; 10mg | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|--------------------------------|--|---|--|----------------------------|------------------------------------|---|
| Cardiac failure | R60 | R70 | Beta blocking agents: Selective | Bisoprolol | Emcor | 5mg; 10mg |
| | | | | | Presicard | 5mg; 10mg |
| | R35 | R35 | Cardiac glycosides: Digoxin | Digoxin | Lanoxin | 0.0625mg; 0.25mg |
| | | | | | Lanoxin paediatric/geriatric syrup | 0.05mg/1ml |
| | R20 | R40 | High-ceiling diuretics | Furosemide | Defulide | 40mg |
| | | | | | Diuresix | 40mg |
| | | | | | Furobe | 40mg |
| | R15 | R15 | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide | 25mg |
| | | | | | Ridaq | 12.5mg |
| | R25 | R25 | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax | 2.5mg |
| | | | | | Catexan | 2.5mg |
| | | | | | Cipla-Indapamide | 2.5mg |
| | | | | | Mylan Indapamide | 2.5mg |
| | R120 | R120 | Potassium sparing agents | Spironolactone | Spiractin | 25mg |
| | | | | | Spironolactone 25 Kiara | 25mg |
| R110 | R110 | Potassium supplements | Potassium chloride | Ultipot | 600mg | |
| R250 | R250 | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Isosorbide dinitrate Kiara | 5mg; 10mg | |
| | | | | Isosorbide mononitrate | Ismo | 20mg |
| | | | | | Monicor SR | 60mg |
| Cardiomyopathy | R80 | R90 | ACE inhibitors and diuretics | Enalapril and diuretics | Acenten | 20/12.5mg |
| | | | | Lisinopril and diuretics | Adco-Zetomax co | 10/12.5mg; 20/12.5mg |
| | | | | Perindopril and diuretics | Ciplasyl Plus | 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Pearinda Plus | 4/1.25mg; 8/2.5mg (Not available on KeyCare plans) |
| | | | | | Perdotor Plus | 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Perindopril co Unicorn | 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Prexum Plus | 5/1.25mg; 10/2.5mg (Not available on KeyCare plans) |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|------------------------------------|----------------------------|---|
| Cardiomyopathy | R80 | R90 | ACE inhibitors and diuretics | Perindopril and diuretics | Spec-Perindopril Plus (Not available on KeyCare plans) 4/1.25mg |
| | | | | | Trexeva Plus 5/1.25mg |
| | | | | | Vectoryl Plus (Not available on KeyCare plans) 4/1.25mg |
| | R175 | R185 | ACE inhibitors, other combinations | Perindopril and Bisoprolol | Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans) |
| | R65 | R75 | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg |
| | | | | | Mylan Captopril 25mg; 50mg |
| | | | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | | | Enalapril Arya 5mg; 10mg; 20mg |
| | | | | | Enalapril Unicorn 5mg; 10mg; 20mg |
| | | | | | Hypace 5mg |
| | | | | | Natrapress 10mg; 20mg |
| | | | | | Tenezil 10mg; 20mg |
| | | | | | Lisinopril |
| | | | | Liso 5mg; 10mg; 20mg | |
| | | | | Lizro 5mg; 10mg; 20mg | |
| | | | | Sinopren 5mg; 10mg; 20mg | |
| | | | | Perindopril | Pearinda (Not available on KeyCare plans) 4mg; 8mg |
| | | | | | Perdotor (Not available on KeyCare plans) 4mg; 8mg |
| | | | | | Perindopril Unicorn (Not available on KeyCare plans) 4mg; 8mg |
| | | | | | Prexum (Not available on KeyCare plans) 10mg |
| Ran-Perindopril (Not available on KeyCare plans) 4mg | | | | | |
| Reprex 4mg; 8mg | | | | | |
| Vectoryl (Not available on KeyCare plans) 4mg; 8mg | | | | | |
| Zyace (Not available on KeyCare plans) 4mg | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|--|--|--|
| Cardiomyopathy | R220 | R220 | Alpha and Beta blocking agents | Carvedilol | Carloc 6.25mg; 12.5mg; 25mg |
| | | | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | | | Rubitrend 12.5mg; 25mg |
| | R90 | R100 | Angiotensin II antagonists: Combinations | Losartan and diuretics | Austell Losartan co 50/12.5mg |
| | | | | | Co-Normoten 50/12.5mg; 100/25mg |
| | | | | | Hylokat 50/12.5mg; 100/25mg |
| | | | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | | | Losartan comp Biotech 50/12.5mg; 100/25mg |
| | | | | | Sartoc-co 50/12.5mg; 100/25mg |
| | | | | Zartan co 50/12.5mg; 100/25mg | |
| | | | | Telmisartan and diuretics | Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | | | |
| | Valsartan and diuretics | Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | | Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | R75 | R110 | Angiotensin II antagonists: Plain | Irbesartan | Trobet 150mg; 300mg (Not available on KeyCare plans) |
| Losartan | | | | | Annin 50mg; 100mg |
| | | | | Austell Losartan 50mg; 100mg | |
| | | | | Losartan Accord 50mg; 100mg (Not available on KeyCare plans) | |
| Losartan Macleods 50mg; 100mg (Not available on KeyCare plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | | | |
|--------------------------------|--|---|--------------------------------------|--|---|---|-------------|-------------------------------|
| Cardiomyopathy | R75 | R110 | Angiotensin II antagonists: Plain | Losartan | Normoten 50mg; 100mg (Not available on KeyCare plans) | | | |
| | | | | | Zaario 50mg; 100mg (Not available on KeyCare plans) | | | |
| | | | | | Zartan 50mg; 100mg (Only Executive and Comprehensive plans) | | | |
| | | | | Telmisartan | Telpres 40mg; 80mg (Not available on KeyCare plans) | | | |
| | | | | | Valsartan | Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans) | | |
| | | | | | | Niosar 80mg; 160mg (Not available on KeyCare plans) | | |
| | | | | | | Regoval 80mg; 160mg (Only Executive and Comprehensive plans) | | |
| | | | | | | Valheft 80mg; 160mg (Only Executive and Comprehensive plans) | | |
| | | | | | | Vasovan 80mg; 160mg (Only Executive and Comprehensive plans) | | |
| | | | | R85 | R85 | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin 5mg |
| | | | | | | | | Segavin 5mg |
| | | | | R120 | R120 | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hydralazine HCl 25 Kiara 25mg |
| | | | | | | | | Hyperphen 10mg; 50mg |
| R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva 80mg | | | | |
| | | | | Coprin 100mg | | | | |
| | | | | Myoprin 100mg (Not available on KeyCare plans) | | | | |
| R60 | R70 | Beta blocking agents: Selective | Bisoprolol | Adco-Bisocor 5mg; 10mg | | | | |
| | | | | Biloblok 5mg; 10mg | | | | |
| | | | | Bilocor 5mg; 10mg | | | | |
| | | | | Bisbeta 5mg; 10mg | | | | |
| | | | | Bislo 5mg; 10mg | | | | |
| | | | | Emcor 5mg; 10mg | | | | |
| | | | | Presicard 5mg; 10mg | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|--|--|--------------------------------------|---|
| Cardiomyopathy | R35 | R35 | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg |
| | | | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | R20 | R40 | High-ceiling diuretics | Furosemide | Defulide 40mg |
| | | | | | Diuresix 40mg |
| | | | | | Furobe 40mg |
| | R15 | R15 | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | | | Ridaq 12.5mg |
| | R25 | R25 | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax 2.5mg |
| | | | | | Catexan 2.5mg |
| | | | | | Cipla-Indapamide 2.5mg |
| | | | | | Mylan Indapamide 2.5mg |
| | R120 | R120 | Potassium sparing agents | Spironolactone | Spiractin 25mg |
| | | | | | Spironolactone 25 Kiara 25mg |
| | R110 | R110 | Potassium supplements | Potassium chloride | Ultipot 600mg |
| R250 | R250 | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Isosorbide dinitrate Kiara 5mg; 10mg | |
| | | | Isosorbide mononitrate | Ismo 20mg | |
| | | | | Monicor SR 60mg | |
| Chronic obstructive pulmonary disease (COPD) | R40 | R40 | Adrenergics: Short acting - Salbutamol | Salbutamol | Glenbute 200 dose 100mcg |
| | | | | | Ventimax CFC free 200 dose 100mcg |
| | R120 | R175 | Anti-asthmatics: Systemic Xanthines | Theophylline | Theophylline anhydrous Kiara 200mg; 300mg |
| | R260 | R260 | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | | | Panafcort 5mg |
| Trolic 5mg | | | | | |
| Chronic renal disease | R80 | R90 | ACE inhibitors and diuretics | Enalapril and diuretics | Acenten 20/12.5mg |
| | | | | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | | Perindopril and diuretics | Ciplasyl Plus (Not available on KeyCare plans) 4/1.25mg |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|------------------------------------|----------------------------|---|
| Chronic renal disease | R80 | R90 | ACE inhibitors and diuretics | Perindopril and diuretics | Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on KeyCare plans) |
| | | | | | Perdotor Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Perindopril co Unicorn 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Prexum Plus 5/1.25mg; 10/2.5mg (Not available on KeyCare plans) |
| | | | | | Spec-Perindopril Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Trexeva Plus 5/1.25mg |
| | | | | | Vectoryl Plus 4/1.25mg (Not available on KeyCare plans) |
| | R175 | R185 | ACE inhibitors, other combinations | Perindopril and Bisoprolol | Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans) |
| | R65 | R75 | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg |
| | | | | | Mylan Captopril 25mg; 50mg |
| | | | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | | | Enalapril Arya 5mg; 10mg; 20mg |
| | | | | | Enalapril Unicorn 5mg; 10mg; 20mg |
| | | | | | Hypace 5mg |
| | | | | | Natrapress 10mg; 20mg |
| | | | | | Tenezil 10mg; 20mg |
| | | | | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg |
| | | | | | Liso 5mg; 10mg; 20mg |
| | | | | | Lizro 5mg; 10mg; 20mg |
| | | | | | Sinopren 5mg; 10mg; 20mg |
| | | | | Perindopril | Pearinda 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Perdotor 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans) |
| Prexum 10mg (Not available on KeyCare plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|--|-------------------------------|--|
| Chronic renal disease | R65 | R75 | ACE inhibitors: Plain | Perindopril | Ran-Perindopril (Not available on KeyCare plans) 4mg |
| | | | | | Reprex 4mg; 8mg |
| | | | | | Vectoryl (Not available on KeyCare plans) 4mg; 8mg |
| | | | | | Zyace (Not available on KeyCare plans) 4mg |
| | R90 | R100 | Angiotensin II antagonists: Combinations | Losartan and diuretics | Austell Losartan co 50/12.5mg |
| | | | | | Co-Normoten 50/12.5mg; 100/25mg |
| | | | | | Hylokat 50/12.5mg; 100/25mg |
| | | | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | | | Losartan comp Biotech 50/12.5mg; 100/25mg |
| | | | | | Sartoc-co 50/12.5mg; 100/25mg |
| | | | | Zartan co 50/12.5mg; 100/25mg | |
| | | | | Telmisartan and diuretics | Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | | | | | Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) |
| | Valsartan and diuretics | Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | | Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | R75 | R110 | Angiotensin II antagonists: Plain | Irbesartan | Trobet 150mg; 300mg (Not available on KeyCare plans) |
| | | | | | Losartan |
| Austell Losartan 50mg; 100mg | | | | | |
| Losartan Accord 50mg; 100mg (Not available on KeyCare plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | | | |
|--------------------------------|--|---|-----------------------------------|-------------------------------|---|---------------------------------|------------|------------------------|
| Chronic renal disease | R75 | R110 | Angiotensin II antagonists: Plain | Losartan | Losartan Macleods 50mg; 100mg (Not available on KeyCare plans) | | | |
| | | | | | Normoten 50mg; 100mg (Not available on KeyCare plans) | | | |
| | | | | | Zaario 50mg; 100mg (Not available on KeyCare plans) | | | |
| | | | | | Zartan 50mg; 100mg (Only Executive and Comprehensive plans) | | | |
| | | | | Telmisartan | Telpres 40mg; 80mg (Not available on KeyCare plans) | | | |
| | | | | Valsartan | Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans) | | | |
| | | | | | Niosar 80mg; 160mg (Not available on KeyCare plans) | | | |
| | | | | | Regoval 80mg; 160mg (Only Executive and Comprehensive plans) | | | |
| | | | | | Valheft 80mg; 160mg (Only Executive and Comprehensive plans) | | | |
| | | | | | Vasovan 80mg; 160mg (Only Executive and Comprehensive plans) | | | |
| | | | | R60 | R70 | Beta blocking agents: Selective | Bisoprolol | Adco-Bisocor 5mg; 10mg |
| | | | | | | | | Biloblok 5mg; 10mg |
| | | | | | | | | Bilocor 5mg; 10mg |
| | | | | | | | | Bisbeta 5mg; 10mg |
| | | | | | | | | Bislo 5mg; 10mg |
| Emcor 5mg; 10mg | | | | | | | | |
| Presicard 5mg; 10mg | | | | | | | | |
| R300 | R300 | Calcium supplements | Calcium carbonate | B-cal | | | | |
| R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | | | | |
| R50 | R50 | Iron bivalent, oral preparations | Ferrous Sulfate | Ferrous Sulphate 75mg | | | | |
| R535 | R535 | Iron, parenteral preparations | Iron, parenteral preparations | Cosmofer ampoule 2ml 50mg/1ml | | | | |
| | | | | Equifer ampoule 5ml 100mg/5ml | | | | |
| | | | | Fortihem ampoule 5ml 20mg/1ml | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|--|---|---|-------------------------------------|--|---|---------------|
| Chronic renal disease | R535 | R535 | Iron, parenteral preparations | Iron, parenteral preparations | Innofer ampoule 5ml | 100mg/5ml |
| | | | | | Rautevene ampoule 5ml (Not available on KeyCare plans) | 100mg/5ml |
| | R3 340 | R3 340 | Other anti-anaemic preparations | Darbepoetin Alfa | Aranesp pre-filled syringe 0.4ml | 10mcg/0.4ml |
| | | | | | Aranesp pre-filled syringe 0.5ml | 20mcg/0.5ml |
| | | | | | Aranesp pre-filled syringe 0.3ml | 30mcg/0.3ml |
| | | | | | Aranesp pre-filled syringe 0.4ml | 40mcg/0.4ml |
| | | | | | Aranesp pre-filled syringe 0.5ml | 50mcg/0.5ml |
| | | | | | Aranesp pre-filled syringe 0.3ml | 60mcg/0.3ml |
| | | | | Erythropoietin | Eprex pre-fill | 2000U/0.5ml |
| | | | | | Eprex pre-fill | 4000U/0.4ml |
| | | | | Methoxy polyethylene glycol-epoetin beta | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 50mcg/0.3ml |
| | | | | | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 75mcg/0.3ml |
| | | | | | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 100mcg/0.3ml |
| | | | | | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 120mcg/0.3ml |
| | | | | | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 150mcg/0.3ml |
| | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 200mcg/0.3ml | | | | |
| | Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans) | 250mcg/0.3ml | | | | |
| | Roxadustat | Evrenzo | 20mg; 50mg; 70mg; 100mg; 150mg | | | |
| | R365 | R365 | Vitamin D and analogues | Alfacalcidol | Zodoray | 0.25mcg; 1mcg |
| | Coronary artery disease | R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva |
| Coprin | | | | | | 100mg |
| Myoprin (Not available on KeyCare plans) | | | | | | 100mg |
| R140 | | R140 | Beta blocking agents: Non-selective | Propranolol | Indoblok | 40mg |
| R60 | R70 | Beta blocking agents: Selective | Atenolol | Adco-Atenolol | 50mg; 100mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|--------------------------------|--|---|---|-------------------|--|-----------------------|
| Coronary artery disease | R60 | R70 | Beta blocking agents: Selective | Atenolol | B-Block | 50mg; 100mg |
| | | | | | Tenopress | 50mg; 100mg |
| | | | | Bisoprolol | Adco-Bisocor | 5mg; 10mg |
| | | | | | Biloblok | 5mg; 10mg |
| | | | | | Bilocor | 5mg; 10mg |
| | | | | | Bisbeta | 5mg; 10mg |
| | | | | | Bislo | 5mg; 10mg |
| | | | | | Emcor | 5mg; 10mg |
| | Presicard | 5mg; 10mg | | | | |
| | R245 | R245 | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem SR | 180mg; 240mg |
| | | | | | Verapamil | Verahexal 240 SR |
| | | | | | | Verapamil 40 Oethmaan |
| | R85 | R85 | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amloc | 5mg; 10mg |
| | | | | | Amlodac | 5mg; 10mg |
| | | | | | Amlodipine Kiara | 5mg; 10mg |
| | | | | | Amlodipine Unicorn | 5mg; 10mg |
| | | | | | Aprate | 5mg; 10mg |
| | | | | | Austell-Amlodipine | 5mg; 10mg |
| | | | | | Besyloc | 5mg; 10mg |
| | | | | | Ciplavasc | 5mg; 10mg |
| | | | | Vasloc | 5mg; 10mg | |
| Felodipine | | | | Felodipine Kiara | 5mg; 10mg (Only Executive and Comprehensive plans) | |
| Nifedipine | | | | Adalat XL | 30mg, 60mg (Not available on KeyCare plans) | |
| | | | | Cipalat Retard | 20mg | |
| | | | | Cipalat XR | 30mg, 60mg (Not available on KeyCare plans) | |
| | | | | Fedaloc SR | 30mg, 60mg (Not available on KeyCare plans) | |
| | | | | Fidocare XL | 30mg, 60mg (Not available on KeyCare plans) | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|------------------------|--|
| Coronary artery disease | R85 | R85 | Selective calcium channel blockers with mainly vascular effects | Nifedipine | Gitsalat 30mg (Not available on KeyCare plans) |
| | R250 | R250 | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Isosorbide dinitrate Kiara 5mg; 10mg |
| | | | | Isosorbide mononitrate | Ismo 20mg Monicor SR 60mg |
| Crohn's disease | R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | R880 | R880 | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Asacol 400mg; 800mg (Not available on KeyCare plans) |
| | | | | | Asacol suppository 500mg (Not available on KeyCare plans) |
| | | | | | Mezavant 1200mg (Only Executive and Comprehensive plans) |
| | | | | | Pentasa 500mg |
| | | | | | Pentasa suppository 1000mg (Not available on KeyCare plans) |
| | | | | | Sulfasalazine |
| | R1 940 | R1 940 | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema 0.02mg/1ml (Only Executive and Comprehensive plans) |
| | R440 | R440 | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | | | Azathioprine PCH 50mg |
| R110 | R110 | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg | |
| R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | | | Panafcort 5mg | |
| | | | | Trolic 5mg | |
| Diabetes insipidus | R1 500 | R1 750 | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavn 0.1mg; 0.2mg |
| | | | | | Ddavn nasal spray 5ml 0.1mg/1ml |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|--|---|---|---|-------------------------------------|--|-------|
| Diabetes mellitus Type 1 | <p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for KeyCare, Smart, Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.</p> | | | | | |
| | R445 | R505 | Anti-diabetic agents: Fast-acting Insulins | Insulin Aspart | Fiasp - penfill 3ml (Not available on KeyCare plans) | |
| | | | | | Novorapid - penfill 3ml (Not available on KeyCare plans) | |
| | | | | Insulin Glulisine | Apidra - cartridge 3ml | |
| | | | | Insulin Lispro | Humalog - cartridge 3ml (Not available on KeyCare plans) | |
| | R700 | R720 | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Human | Diabulyn 30/70 - cartridge 3ml | |
| | | | | Insulin Degludec and Insulin Aspart | Ryzodeg - penfill 3ml (Only Executive and Comprehensive plans) | |
| | | | | Insulin Lispro | Humalog mix 25 - cartridge 3ml | |
| | | | | | Humalog mix 50 - cartridge 3ml | |
| | R440 | R440 | Anti-diabetic agents: Long-acting Insulins | Insulin Detemir | Levemir - pre-filled cartridge 3ml | |
| | | | | Insulin Glargine | Optisulin - cartridge 3ml | |
| | R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva | 80mg |
| | | | | | Coprin | 100mg |
| | | | | | Myoprin (Not available on KeyCare plans) | 100mg |
| | R200 | R200 | Blood glucose monitoring agents | Glucose strips | Accu check test strip glucose active (Not available on KeyCare plans) | |
| | | | | | Accu check test strip glucose instant (Not available on KeyCare plans) | |
| | | | | | Glucocheck evolve test strip | |
| | | | | | Glucocheck key test strip | |
| | | | | | iHealth Glucose + Testing Strips (Not available on KeyCare plans) | |
| | | | | | Onetouch select plus test strips | |
| Test strip blood glucose clicks bionime gs550 | | | | | | |
| Test strip blood glucose on call plus | | | | | | |
| Test strip blood glucose on call sure | | | | | | |
| Test strip freestyle optium glucose (Not available on KeyCare plans) | | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|--|---|---------------------------------|---------------------------------------|--|
| Diabetes mellitus Type 1 | R200 | R200 | Blood glucose monitoring agents | Glucose strips | Test strip glucocheck connekt (Not available on KeyCare plans) |
| | | | | | Test strip glucose blood fora 6 (Not available on KeyCare plans) |
| | | | | | Test strip glucose caresens n 29g |
| | | | | | Test strip glucose contour plus (Not available on KeyCare plans) |
| | | | | | Test strip glucose contour ts (Not available on KeyCare plans) |
| | | | | | Test strip glucose fora diamond blood |
| | | | | | Test strip glucose vivachek ino |
| | R350 | R350 | Surgical item | Lancets | Lancet blood collection needle loris |
| | | | | | Lancet fora collection needle sterile 30g |
| | | | | | Lancet fora tender needle sterile 33g |
| | | | | | Lancet freestyle test |
| | | | | | Lancet glucocheck novicheck |
| | | | | | Lancet solus v2 |
| | | | | | Lancet unilet sterile 28g |
| Lancet unilet sterile 4cm x 6cm x 7.5cm 28g | | | | | |
| Microlet lancet | | | | | |
| Needles | | | | BD micro fine plus pen needle 30g 8mm | |
| | | | | BD micro fine plus pen needle 31g | |
| | | | | BD micro fine plus pen needle 32g 4mm | |
| | | | | Droplet pen needle 8mm 31g | |
| Needle insulin fora pen 31g 5mm | | | | | |
| Needle insulin fora pen 31g 8mm | | | | | |
| Needle insulin fora pen 32g 4mm | | | | | |
| Needle insulin fora pen 32g 6mm | | | | | |
| Needle insulin pen verifine 4mmx10cmx15cm 32g | | | | | |
| Needle insulin pen verifine 4mmx10cmx15cm 33g | | | | | |
| Needle novofine | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|--|--|----------------------------------|--|--|
| Diabetes mellitus Type 1 | R350 | R350 | Surgical item | Syringes | Syringe insulin 1.0ml with 27g needle |
| | | | | | Syringe insulin bd microfine 12.7mm 1ml 9g |
| | | | | | Syringe insulin bd microfine 1ml 8mm 30g |
| | | | | | Syringe insulin bd microfine 8mm demi 0.3ml 30g |
| Diabetes mellitus Type 2 | R50 | R50 | Anti-diabetic agents: Biguanides | Metformin | Accord Metformin 500mg; 850mg |
| | | | | | Apex-Metformin 500mg |
| | | | | | Austell-Metformin 500mg; 850mg |
| | | | | | Bigsens 500mg; 850mg; 1000mg |
| | | | | | Carbuce 500mg; 850mg; 1000mg |
| | | | | | Diaphage 500mg; 850mg; 1000mg |
| | | | | | Gluconorm 500mg; 850mg |
| | | | | | Mengen 500mg; 850mg; 1000mg |
| | | | | | Mylan Metformin 500mg; 850mg; 1000mg |
| | | | | | Romidab 500mg; 850mg; 1000mg |
| <p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for KeyCare, Smart, Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.</p> | | | | | |
| R445 | R505 | Anti-diabetic agents: Fast-acting Insulins | Insulin Aspart | Fiasp - penfill 3ml (Only Executive and Comprehensive plans) | |
| | | | | Novorapid - penfill 3ml (Not available on KeyCare plans) | |
| | | | | Insulin Glulisine | Apidra - cartridge 3ml |
| | | | | Insulin Lispro | Humalog - cartridge 3ml (Not available on KeyCare plans) |
| R700 | R720 | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Human | Diabulyn 30/70 - cartridge 3ml | |
| | | | | Insulin Degludec and Insulin Aspart | Ryzodeg - penfill 3ml (Only Executive and Comprehensive plans) |
| | | | | | Humalog mix 25 - cartridge 3ml |
| | | | | Insulin Lispro | Humalog mix 50 - cartridge 3ml |
| R440 | R440 | Anti-diabetic agents: Long-acting Insulins | Insulin Detemir | Levemir - pre-filled cartridge 3ml | |
| | | | | Insulin Glargine | Optisulin - cartridge 3ml |
| R140 | R140 | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide | Diagen MR 60mg | |
| | | | | Diagluclide MR 60mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|--|----------------------|--|
| Diabetes mellitus Type 2 | R140 | R140 | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide | Diaran MR 30mg; 60mg |
| | | | | | Dynacaz MR 30mg; 60mg; 90mg |
| | | | | | Gliclazide MR Austell 30mg; 60mg |
| | | | | | Gliclazide Unicorn MR 30mg |
| | | | | | Gluctam MR 60mg |
| | | | | | Glyzid MR 30mg; 60mg |
| | R200 | R215 | Anti-diabetic agents: Thiazolidinediones | Pioglitazone | Cipla-Pioglitazone 15mg; 30mg |
| | | | | | Pioglitazone hydrochloride Macleods 15mg; 30mg |
| | R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva 80mg |
| | | | | | Coprin 100mg |
| | | | | | Myoprin (Not available on KeyCare plans) 100mg |
| | R200 | R200 | Blood glucose monitoring agents | Glucose strips | Accu check test strip glucose active (Not available on KeyCare plans) |
| | | | | | Accu check test strip glucose instant (Not available on KeyCare plans) |
| | | | | | Glucocheck evolve test strip |
| | | | | | Glucocheck key test strip |
| | | | | | iHealth Glucose + Testing Strips (Not available on KeyCare plans) |
| | | | | | Onetouch select plus test strips |
| | | | | | Test strip blood glucose clicks bionime gs550 |
| | | | | | Test strip blood glucose on call plus |
| Test strip blood glucose on call sure | | | | | |
| Test strip freestyle optium glucose (Not available on KeyCare plans) | | | | | |
| Test strip glucocheck connect (Not available on KeyCare plans) | | | | | |
| Test strip glucose blood fora 6 (Not available on KeyCare plans) | | | | | |
| Test strip glucose caresens n 29g | | | | | |
| Test strip glucose contour plus (Not available on KeyCare plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|---|---|---------------------------------|-------------------|--|
| Diabetes mellitus Type 2 | R200 | R200 | Blood glucose monitoring agents | Glucose strips | Test strip glucose contour ts (Not available on KeyCare plans) |
| | | | | | Test strip glucose fora diamond blood |
| | | | | | Test strip glucose vivachek ino |
| | R350 | R350 | Surgical item | Lancets | Lancet blood collection needle loris |
| | | | | | Lancet fora collection needle sterile 30g |
| | | | | | Lancet fora tender needle sterile 33g |
| | | | | | Lancet freestyle test |
| | | | | | Lancet glucocheck novichack |
| | | | | | Lancet solus v2 |
| | | | | | Lancet unilet sterile 28g |
| | | | | | Lancet unilet sterile 4cm x 6cm x 7.5cm 28g |
| | | | | Needles | BD micro fine plus pen needle 30g 8mm |
| | | | | | BD micro fine plus pen needle 31g |
| | | | | | BD micro fine plus pen needle 32g 4mm |
| | | | | | Droplet pen needle 8mm 31g |
| | | | | | Needle insulin fora pen 31g 5mm |
| | | | | | Needle insulin fora pen 31g 8mm |
| | | | | | Needle insulin fora pen 32g 4mm |
| | | | | | Needle insulin fora pen 32g 6mm |
| | | | | | Needle insulin pen verifine 4mmx10cmx15cm 32g |
| Needle insulin pen verifine 4mmx10cmx15cm 33g | | | | | |
| Needle novofine | | | | | |
| Syringes | Syringe insulin 1.0ml with 27g needle | | | | |
| | Syringe insulin bd microfine 12.7mm 1ml 9g | | | | |
| | Syringe insulin bd microfine 1ml 8mm 30g | | | | |
| | Syringe insulin bd microfine 8mm demi 0.3ml 30g | | | | |
| Dysrhythmia | R640 | R700 | Anti-arrhythmics: class Ic | Flecainide | Tambacor 100mg (Not available on KeyCare plans) |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|--|---|---|---|
| Dysrhythmia | R640 | R700 | Anti-arrhythmics: class Ic | Flecainide | Tambocor CR 100mg; 200mg (Not available on KeyCare plans) |
| | R370 | R370 | Anti-arrhythmics: class III - Amiodarone | Amiodarone | Hexarone 100mg; 200mg |
| | R85 | R85 | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin 5mg |
| | | | | | Segavin 5mg |
| | R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva 80mg |
| | | | | | Coprin 100mg |
| | | | | | Myoprin 100mg (Not available on KeyCare plans) |
| | R140 | R140 | Beta blocking agents: Non-selective | Propranolol | Indoblok 40mg |
| | | | | Sotalol | Sotahexal 80mg; 160mg |
| | R60 | R70 | Beta blocking agents: Selective | Atenolol | Adco-Atenolol 50mg; 100mg |
| | | | | | B-Block 50mg; 100mg |
| | | | | | Tenopress 50mg; 100mg |
| | | | | Bisoprolol | Adco-Bisocor 5mg; 10mg |
| | | | | | Biloblok 5mg; 10mg |
| Bilocor 5mg; 10mg | | | | | |
| Bisbeta 5mg; 10mg | | | | | |
| Bislo 5mg; 10mg | | | | | |
| Emcor 5mg; 10mg | | | | | |
| Presicard 5mg; 10mg | | | | | |
| R35 | R35 | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg | |
| | | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml | |
| R245 | R245 | Selective calcium channel blockers with direct cardiac effects | Verapamil | Verahexal 240 SR 240mg | |
| | | | | Verapamil 40 Oethmaan 40mg | |
| Epilepsy | R30 | R30 | Anti-epileptics: Barbiturates and derivatives | Phenobarbital | Sedabarb 30mg |
| | R300 | R300 | Anti-epileptics: Benzodiazepine derivatives | Clonazepam | Clonam 0.5mg; 2mg |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|--|---|--|----------------------------|--|
| Epilepsy | R290 | R385 | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | | | Tegretol CR 200mg; 400mg |
| | | | | | Zeptol 200mg |
| | R430 | R430 | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg; 300mg |
| | | | | | Convulex syrup 250mg/5ml |
| | | | | | Epilim crushable 100mg |
| | | | | | Epilim sugar-free syrup 200mg/5ml |
| | | | | | Eprolep CR 200mg; 300mg; 500mg |
| | | | | | Navalpro CR 200mg; 300mg; 500mg |
| | | | | | Navalpro liquid 200mg/5ml |
| | | | | | Valeptic CR 300mg; 500mg |
| | R115 | R115 | Anti-epileptics: Hydantoin derivatives | Phenytoin | Phenytoin sod 100mg |
| | R325 | R325 | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | | | Girotec 50mg; 100mg; 200mg |
| | | | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | | | Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg |
| | | | | | Serinem 25mg; 50mg; 100mg; 200mg |
| | | | | Levetiracetam | Dyna Levetiracetam 250mg; 500mg; 750mg |
| Epikepp 250mg; 500mg; 750mg | | | | | |
| Leveseize XR 500mg; 750mg; 1000mg; 1500mg | | | | | |
| Levetiracetam Unicorn 250mg; 750mg | | | | | |
| Redilev 250mg; 500mg; 750mg | | | | | |
| Topiramate | | | | Epimate 25mg; 50mg; 100mg | |
| | | | | Epitoz 25mg; 50mg; 100mg | |
| | Toplep 25mg; 50mg; 100mg; 200mg | | | | |
| R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | |
| Glaucoma | R200 | R210 | Anti-glaucoma agents: Carbonic anhydrase inhibitors | Brinzolamide, combinations | Simbrinza 5ml |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | | | |
|--------------------------------|--|--|---|-------------------|--|--------------------------------------|--|--|
| Glaucoma | R200 | R210 | Anti-glaucoma agents: Carbonic anhydrase inhibitors | Dorzolamide | Glaucompress 5ml | 2% | | |
| | | | | | Trusopt 5ml owi (Only Executive and Comprehensive plans) | 2% | | |
| | R210 | R210 | Anti-glaucoma agents: Prostaglandin analogues | | Bimatoprost | Lumigan 2.5ml | 0.01% (Only Executive and Comprehensive plans) | |
| | | | | | Latanoprost | Atana 2.5ml | 50mcg/1ml | |
| | | | | | Tafluprost | Saflutan single dose container 0.3ml | 15mcg/1ml (Only Executive and Comprehensive plans) | |
| | | | | | Travoprost | Travatan 2.5ml | 0.004% (Only Executive and Comprehensive plans) | |
| | R210 | R210 | Anti-glaucoma agents: Sympathomimetics | | Brimonidine | Alphagan purite 5ml | 1.5mg/1ml | |
| | | | | | | Brimoct 5ml | 2mg/1ml | |
| | R120 | R120 | Anti-glaucoma Beta blocking agents: Timolol | | Timolol | Timoptol 5ml | 0.5% | |
| | | | | | | | Timoptol-xe 2.5ml | 0.5% |
| | R250 | R270 | Anti-glaucoma Beta blocking agents: Timolol, combinations | | Timolol, combinations | Azarga 5ml | | |
| | | | | | | | Brimoct co 5ml | 2mg/5mg |
| | | | | | | | Co-Atana 2.5ml | |
| | | | | | | | Combigan 5ml | 2mg/5mg (Only Executive and Comprehensive plans) |
| | | | | | | | Duotrav 2.5ml | |
| | | | | | | Ganfort 3ml | | |
| | | | | | | Glaumide-co 5ml | | |
| | | | | | | Glauropt co 5ml | (Only Executive and Comprehensive plans) | |
| | | | | | | Ocudor co 5ml | | |
| | | Xalacom 2.5ml (Only Executive and Comprehensive plans) | | | | | | |
| Haemophilia | R5 | R5 | Analgesics: Paracetamol | Paracetamol | Adco-Napamol bucket | 500mg | | |
| | | | | | | Adco-Prolief | 500mg | |
| | R245 | R245 | Anti-fibrinolytics: Amino acids | | Tranexamic acid | Fibtin | 500mg | |
| | R50 000 | R50 000 | Blood coagulation factors | | Coagulation factor VIII | Haemosolvate VIII | 300U; 500U; 1000U | |
| | | | | | | Octanate vial 5ml | 250U | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|------------------------------------|--|---|---|--------------------------------------|--|---|
| Haemophilia | R50 000 | R50 000 | Blood coagulation factors | Coagulation factor VIII | Octanate vial 10ml 500U; 1000U | |
| | | | | Coagulation factor IX | Haemosolvex IX 500U | |
| | | | | | Octanine F vial 30ml 500U; 1000U | |
| | R1 500 | R1 750 | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavp 0.1mg; 0.2mg | |
| | | | | | Ddavp nasal spray 5ml 0.1mg/1ml | |
| | Hyperlipidaemia | R195 | R195 | Lipid modifying agents: Combinations | Atorvastatin, Amlodipine and Perindopril | Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg (Not available on KeyCare plans) |
| R335 | | R335 | Lipid modifying agents: Combinations | Pravastatin and Fenofibrate | Pravafen 40/160mg | |
| R275 | | R275 | Lipid modifying agents: Fibrates | Bezafibrate | Bezalip Retard 400mg | |
| | | | | | Sandoz Bezafibrate 400mg | |
| R45 | | R45 | Lipid modifying agents: Statins | Atorvastatin | Aspavor 10mg; 20mg; 40mg | |
| | | | | | Astor 10mg; 20mg; 40mg | |
| | | | | | Cholmin 10mg; 20mg; 40mg | |
| | | | | | Dezzolip 10mg; 20mg; 40mg; 80mg | |
| | | | | | Dynator 10mg; 20mg; 40mg; 80mg | |
| | | | | | Lestavor 10mg; 20mg; 40mg | |
| | | | | | Lipogen 10mg; 20mg; 40mg; 80mg | |
| | | | | | Vasmak 10mg; 20mg; 40mg; 80mg | |
| | | | | | Simvastatin | Adco-Simvastatin 10mg; 20mg; 40mg |
| | | | | | | Austell-Simvastatin 10mg; 20mg; 40mg |
| Choleste 10mg; 20mg; 40mg | | | | | | |
| Cipla-Simvastatin 10mg; 20mg; 40mg | | | | | | |
| Simcard 10mg; 20mg | | | | | | |
| Simvacor 10mg; 20mg; 40mg | | | | | | |
| Hypertension | R130 | R130 | ACE inhibitors and calcium channel blockers | Perindopril and Amlodipine | Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans) | |
| | | | | | Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg | |
| | | | | | Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans) | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|---|---|------------------------------------|--|---|
| Hypertension | R80 | R90 | ACE inhibitors and diuretics | Enalapril and diuretics | Acenten 20/12.5mg |
| | | | | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | | Perindopril and diuretics | Ciplasyl Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on KeyCare plans) |
| | | | | | Perdotor Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Perindopril co Unicorn 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Prexum Plus 5/1.25mg; 10/2.5mg (Not available on KeyCare plans) |
| | | | | | Spec-Perindopril Plus 4/1.25mg (Not available on KeyCare plans) |
| | | | | | Trexeva Plus 5/1.25mg |
| | Vectoryl Plus 4/1.25mg (Not available on KeyCare plans) | | | | |
| | R175 | R185 | ACE inhibitors, other combinations | Perindopril, Amlodipine and Indapamide | Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on KeyCare plans) |
| | | | | Perindopril and Bisoprolol | Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on KeyCare plans) |
| | R65 | R75 | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg |
| | | | | | Mylan Captopril 25mg; 50mg |
| | | | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | | | Enalapril Arya 5mg; 10mg; 20mg |
| | | | | | Enalapril Unicorn 5mg; 10mg; 20mg |
| | | | | | Hypace 5mg |
| | | | | | Natrapress 10mg; 20mg |
| Tenezil 10mg; 20mg | | | | | |
| Lisinopril | | | | Adco-Zetomax 5mg; 10mg; 20mg | |
| | | | | Liso 5mg; 10mg; 20mg | |
| | Lizro 5mg; 10mg; 20mg | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|--|---|---|----------------------------|---|
| Hypertension | R65 | R75 | ACE inhibitors: Plain | Lisinopril | Sinopren 5mg; 10mg; 20mg |
| | | | | Perindopril | Pearinda 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Perdotor 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans) |
| | | | | | Prexum 10mg (Not available on KeyCare plans) |
| | | | | | Ran-Perindopril 4mg (Not available on KeyCare plans) |
| | | | | | Reprex 4mg; 8mg |
| | | | | | Vectoryl 4mg; 8mg (Not available on KeyCare plans) |
| | Zyace 4mg (Not available on KeyCare plans) | | | | |
| | R220 | R220 | Alpha and Beta blocking agents | Carvedilol | Carloc 6.25mg; 12.5mg; 25mg |
| | | | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | | | Rubitrend 12.5mg; 25mg |
| | R160 | R195 | Angiotensin II antagonists and calcium channel blockers | Telmisartan and Amlodipine | Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on KeyCare plans) |
| | | | | | Valsartan and Amlodipine |
| Calsar 5/80mg; 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |
| Dafiro 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |
| Gemvalaz 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |
| Tensoforj 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |
| Valvasc 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |
| Zyvasc 5/160mg; 10/160mg (Not available on KeyCare plans) | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | | |
|--|--|---|--|---|--|---|--|
| Hypertension | R90 | R100 | Angiotensin II antagonists: Combinations | Losartan and diuretics | Austell Losartan co 50/12.5mg | | |
| | | | | | Co-Normoten 50/12.5mg; 100/25mg | | |
| | | | | | Hylokat 50/12.5mg; 100/25mg | | |
| | | | | | Losaar Plus 50/12.5mg; 100/25mg | | |
| | | | | | Losartan comp Biotech 50/12.5mg; 100/25mg | | |
| | | | | | Sartoc-co 50/12.5mg; 100/25mg | | |
| | | | | | Zartan co 50/12.5mg; 100/25mg | | |
| | | | | Telmisartan and diuretics | Co-Telza 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | |
| | | | | | Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | |
| | | | | | Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | |
| | | | | | Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | |
| | | | | | Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans) | | |
| | | | Valsartan and diuretics | Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | | | | Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans) | | | |
| | | | R175 | R210 | Angiotensin II antagonists, other combinations | Valsartan, Amlodipine and Hydrochlorothiazide | Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Executive and Comprehensive plans) |
| | | | R75 | R110 | Angiotensin II antagonists: Plain | Irbesartan | Trobet 150mg; 300mg (Not available on KeyCare plans) |
| | | | | | | Losartan | Annin 50mg; 100mg |
| | | | | | | | Austell Losartan 50mg; 100mg |
| Losartan Accord 50mg; 100mg (Not available on KeyCare plans) | | | | | | | |
| Losartan Macleods 50mg; 100mg (Not available on KeyCare plans) | | | | | | | |
| Normoten 50mg; 100mg (Not available on KeyCare plans) | | | | | | | |
| Zaario 50mg; 100mg (Not available on KeyCare plans) | | | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|-----------------------------------|--|---|
| Hypertension | R75 | R110 | Angiotensin II antagonists: Plain | Losartan | Zartan 50mg; 100mg (Only Executive and Comprehensive plans) |
| | | | | Telmisartan | Telpres 40mg; 80mg (Not available on KeyCare plans) |
| | | | | Valsartan | Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans) |
| | | | | | Niosar 80mg; 160mg (Not available on KeyCare plans) |
| | | | | | Regoval 80mg; 160mg (Only Executive and Comprehensive plans) |
| | | | | | Valheft 80mg; 160mg (Only Executive and Comprehensive plans) |
| | | | | Vasovan 80mg; 160mg (Only Executive and Comprehensive plans) | |
| R200 | R200 | Anti-adrenergic agents: Alpha-adrenoreceptor antagonists | Doxazosin | Cardugen 1mg; 4mg | |
| | | | | Urodoxa 4mg | |
| R200 | R200 | Anti-adrenergic agents: Methyldopa | Methyldopa | Hypotone 250mg | |
| | | | | Timucen 250mg | |
| R40 | R40 | Anti-adrenergic agents: Rauwolfia alkaloids | Reserpine | Reserpine 0.25mg | |
| R120 | R120 | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hydralazine HCl 25 Kiara 25mg | |
| | | | | Hyperphen 10mg; 50mg | |
| R140 | R140 | Beta blocking agents: Non-selective | Propranolol | Indoblok 40mg | |
| R60 | R70 | Beta blocking agents: Selective | Atenolol | Adco-Atenolol 50mg; 100mg | |
| | | | | B-Block 50mg; 100mg | |
| | | | | Tenopress 50mg; 100mg | |
| | | | Bisoprolol | Adco-Bisocor 5mg; 10mg | |
| | | | | Biloblok 5mg; 10mg | |
| | | | | Bilocor 5mg; 10mg | |
| | | | | Bisbeta 5mg; 10mg | |
| | | | | Bislo 5mg; 10mg | |
| Emcor 5mg; 10mg | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|---|------------------------------|
| Hypertension | R60 | R70 | Beta blocking agents: Selective | Bisoprolol | Presicard 5mg; 10mg |
| | R110 | R110 | Calcium channel blockers and diuretics | Amlodipine and diuretics | Natrixam 1.5/5mg; 1.5/10mg |
| | R20 | R40 | High-ceiling diuretics | Furosemide | Defulide 40mg |
| | | | | | Diuresix 40mg |
| | | | | | Furobe 40mg |
| | R15 | R15 | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | | | Ridaq 12.5mg |
| | R25 | R25 | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax 2.5mg |
| | | | | | Catexan 2.5mg |
| | | | | | Cipla-Indapamide 2.5mg |
| | | | | | Mylan Indapamide 2.5mg |
| | R120 | R120 | Potassium sparing agents | Spironolactone | Spiractin 25mg |
| | | | | | Spironolactone 25 Kiara 25mg |
| | R110 | R110 | Potassium supplements | Potassium chloride | Ultipot 600mg |
| | R245 | R245 | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem SR 180mg; 240mg |
| | | | | Verapamil | Verahexal 240 SR 240mg |
| | | | | | Verapamil 40 Oethmaan 40mg |
| | R85 | R85 | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amloc 5mg; 10mg |
| | | | | | Amlodac 5mg; 10mg |
| | | | | | Amlodipine Kiara 5mg; 10mg |
| | | | | | Amlodipine Unicorn 5mg; 10mg |
| | | | | | Aprate 5mg; 10mg |
| | | | | | Austell-Amlodipine 5mg; 10mg |
| Besyloc 5mg; 10mg | | | | | |
| Ciplavasc 5mg; 10mg | | | | | |
| Vasloc 5mg; 10mg | | | | | |
| Felodipine | | | | Felodipine Kiara 5mg; 10mg (Only Executive and Comprehensive plans) | |
| Nifedipine | | | | Adalat XL 30mg, 60mg (Not available on KeyCare plans) | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|------------------------|---|
| Hypertension | R85 | R85 | Selective calcium channel blockers with mainly vascular effects | Nifedipine | Cipalat Retard 20mg |
| | | | | | Cipalat XR 30mg, 60mg (Not available on KeyCare plans) |
| | | | | | Fedaloc SR 30mg, 60mg (Not available on KeyCare plans) |
| | | | | | Fidocare XL 30mg, 60mg (Not available on KeyCare plans) |
| | | | | | Gitsalat 30mg (Not available on KeyCare plans) |
| Hypothyroidism | R35 | R35 | Thyroid hormones | Levothyroxine sodium | Euthyrox 25mcg; 50mcg; 75mcg; 100mcg |
| Multiple sclerosis | R95 | R95 | Anti-depressants: Tricyclics | Amitriptyline | Amitriptyline 10mg Austell 10mg |
| | | | | | Amitriptyline HCl Kiara 25mg |
| | | | | | Gulf Amitriptyline 25mg |
| | | | | | Trepiline 10mg |
| | R225 | R280 | Drugs for urinary frequency and incontinence | Oxybutynin | Mylan Oxybutynin 5mg |
| | | | | | Oxyrest 5mg |
| | R7 700 | R7 700 | Interferons | Interferon Beta-1A | Avonex pre-filled syringe 0.5ml 30mcg/0.5ml |
| | | | | | Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml |
| | | | | | Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml |
| | | | | | Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml |
| | | | | | Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml |
| | | | | Peginterferon Beta-1A | Plegridy pre-filled pen 0.5ml 125mcg/0.5ml |
| | R1 250 | R1 250 | Muscle relaxants: Other centrally acting agents | Baclofen | Teva Baclofen 10mg |
| R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | | | Panafcort 5mg | |
| | | | | Trolic 5mg | |
| Parkinson's disease | R295 | R295 | Anticholinergic agents: Tertiary amines | Biperiden | Akineton 2mg |
| | R480 | R480 | Dopamine agonists | Pramipexole | Oxpola 0.125mg; 0.25mg |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|--|--------------------------------------|------------------------------------|
| Parkinson's disease | R480 | R480 | Dopamine agonists | Pramipexole | Pexasp 0.125mg; 0.25mg; 1mg |
| | R280 | R280 | Dopaminergic agents: Adamantane derivatives | Amantadine | Symadin 100mg |
| | R480 | R480 | Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline | Rasagiline | Kinect 1mg |
| | | | | | Rasapar 1mg |
| | | | | | Razeda 1mg |
| | R580 | R580 | Levodopa and decarboxylase inhibitor | Levodopa and decarboxylase inhibitor | Lecardop 25/100mg; 25/250mg |
| | | | | | Teva Carbi-Levo 25/100mg; 25/250mg |
| Rheumatoid arthritis | R65 | R65 | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac 50mg |
| | | | | | A-Lennon Diclofenac 50mg |
| | | | | | Diclofenac Biotech 25mg |
| | | | | | Mylan Diclofenac 25mg; 50mg |
| | | | | | Panamor AT 50mg |
| | | | | Indomethacin | Betacin 25mg |
| | | | | | Gulf Indomethacin 25mg |
| | | | | | Methocaps 25mg |
| | R65 | R65 | Anti-inflammatory agents: Oxicams | Meloxicam | Adco-Meloxicam 15mg |
| | | | | | Coxflam 7.5mg |
| | | | | | Flexocam 7.5mg |
| | | | | | Medoxicam 7.5mg |
| | | | | Piroxicam | Pyrocaps 20mg |
| | | | | | Roxifen 20mg |
| | R50 | R50 | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Betaprofen 200mg |
| | | | | | Betaprofen FC 400mg |
| | | | | | Bren 400mg |
| Ibucine 200mg; 400mg | | | | | |
| Ibunate 200mg | | | | | |
| Ibusor 200mg | | | | | |
| Naproxen | | | | | Napinfram 250mg |
| | | | | Naproscript 250mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|--|-------------------|--------------------------------|
| Rheumatoid arthritis | R120 | R120 | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine 200mg |
| | R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | R880 | R880 | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Sulfasalazine | Salazopyrin 500mg |
| | | | | | Salazopyrin EN 500mg |
| | R440 | R440 | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | | | Azathioprine PCH 50mg |
| | R110 | R110 | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | R775 | R775 | Selective immunosuppressive agents: Leflunomide | Leflunomide | Lunar 20mg |
| | | | | | Ravalef 10mg; 20mg |
| | | | | | Rheumalef 10mg; 20mg |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | | | Panafcort 5mg |
| | | | | | Trolic 5mg |
| Schizophrenia | R110 | R130 | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | | | Citalopram 20 Oethmaan 20mg |
| | | | | | Depramil 20mg |
| | | | | | Recita 20mg |
| | | | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | | | Dolin 10mg; 20mg |
| | | | | | Emerdyne 10mg; 20mg |
| | | | | | Esetam 10mg; 20mg |
| | | | | | Zyescito 10mg; 20mg |
| | | | | Fluoxetine | Fluoxetine 20 Oethmaan 20mg |
| | | | | | Zyodus Fluoxetine 20mg |
| | | | | Sertraline | Dyna Sertraline 50mg; 100mg |
| | | | | | Serlife 50mg; 100mg |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|--|--|
| Schizophrenia | R110 | R130 | Anti-depressants: SSRI's | Sertraline | Traliddep 50mg; 100mg |
| | R290 | R385 | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | | | Tegretol CR 200mg; 400mg |
| | | | | | Zeptol 200mg |
| | R430 | R430 | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg; 300mg |
| | | | | | Convulex syrup 250mg/5ml |
| | | | | | Epilim crushable 100mg |
| | | | | | Epilim sugar-free syrup 200mg/5ml |
| | | | | | Eprolep CR 200mg; 300mg; 500mg |
| | | | | | Navalpro CR 200mg; 300mg; 500mg |
| | | | | | Navalpro liquid 200mg/5ml |
| | | | | | Valeptic CR 300mg; 500mg |
| | R325 | R325 | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | | | Girotec 50mg; 100mg; 200mg |
| | | | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | | | Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg |
| | | | | | Serinem 25mg; 50mg; 100mg; 200mg |
| | R160 | R160 | Anti-psychotics: Butyrophenone derivatives | Haloperidol | Haloperidol 5 Oethmaan 5mg |
| | R615 | R945 | Anti-psychotics: Clozapine | Clozapine | Clozapine Oethmaan 25mg; 100mg |
| R360 | R360 | Anti-psychotics: Indole derivatives | Ziprasidone | Zipsid 20mg; 40mg; 60mg; 80mg (Not available on KeyCare plans) | |
| R345 | R345 | Anti-psychotics: Lithium | Lithium | Camcolit 250mg; 400mg | |
| R365 | R365 | Anti-psychotics: Olanzapine | Olanzapine | Alonza 5mg; 10mg | |
| | | | | Nezolap 5mg; 10mg | |
| | | | | Olandus 5mg; 10mg | |
| | | | | Oleanz 5mg; 10mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|--------------------------------|--|---|---|-------------------|----------------------------|---------------------------|
| Schizophrenia | R365 | R365 | Anti-psychotics: Olanzapine | Olanzapine | Olexar | 5mg; 10mg |
| | | | | | Zolanz | 5mg; 10mg |
| | R400 | R400 | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil | 25mg; 50mg; 100mg |
| | R295 | R295 | Anti-psychotics: Quetiapine | Quetiapine | Aroquet | 25mg; 100mg; 200mg; 300mg |
| | | | | | Dopaquel | 25mg; 100mg; 200mg; 300mg |
| | | | | | Mylan Quetiapine | 25mg; 100mg; 200mg; 300mg |
| | | | | | Qesara | 25mg; 100mg; 200mg; 300mg |
| | | | | | Torquit | 25mg; 100mg; 200mg; 300mg |
| | | | | | Zimbiquet | 25mg; 100mg; 200mg; 300mg |
| | R560 | R650 | Anti-psychotics: Thioxanthen derivatives | Flupenthixol | Fluanxol | 0.5mg; 1mg |
| | | | | | Fluanxol depot 1ml | 20mg |
| | | | | Zuclopenthixol | Clopixol | 2mg; 10mg |
| | | | | | Clopixol depot | 200mg |
| | R270 | R270 | Other anti-psychotics: Aripiprazole | Aripiprazole | Abipip | 5mg; 10mg; 15mg |
| | | | | | Alebon | 5mg; 10mg; 15mg |
| | | | | | Aprizon | 5mg; 10mg; 15mg |
| | | | | | Aridus | 10mg; 15mg |
| | | | | | Aripiprazole Mylan | 5mg; 10mg; 15mg |
| | | | | | Aripiprazole Teva | 5mg; 10mg; 15mg |
| | | | | | Arizofy | 5mg; 10mg; 15mg |
| Priptrin | | | | | 10mg; 15mg | |
| Radzil | | | | | 5mg; 10mg; 15mg | |
| Thryve | 5mg; 10mg | | | | | |
| R360 | R360 | Other anti-psychotics: Risperidone | Risperidone | Risnia | 0.5mg; 1mg; 2mg; 3mg | |
| | | | | Rispacor | 0.5mg; 1mg; 2mg; 3mg | |
| | | | | Rispide | 0.5mg; 1mg; 2mg | |
| | | | | Zoxadon | 0.5mg; 1mg; 2mg; 3mg; 4mg | |
| | | | | Zoxadon ODT | 0.5mg; 1mg; 2mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH | |
|------------------------------------|--|---|--|--|----------------------------|-----------------------------------|
| Systemic lupus erythematosus (SLE) | R65 | R65 | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac | 50mg |
| | | | | | A-Lennon Diclofenac | 50mg |
| | | | | | Diclofenac Biotech | 25mg |
| | | | | | Mylan Diclofenac | 25mg; 50mg |
| | | | | | Panamor AT | 50mg |
| | | | | Indomethacin | Betacin | 25mg |
| | | | | | Gulf Indomethacin | 25mg |
| | | | | | Methocaps | 25mg |
| | | | | R65 | R65 | Anti-inflammatory agents: Oxicams |
| | Coxflam | 7.5mg | | | | |
| | Flexocam | 7.5mg | | | | |
| | Medoxicam | 7.5mg | | | | |
| | Piroxicam | Pyrocaps | 20mg | | | |
| | | Roxifen | 20mg | | | |
| | R50 | R50 | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Betaprofen | 200mg |
| | | | | | Betaprofen FC | 400mg |
| | | | | | Bren | 400mg |
| | | | | | Ibucine | 200mg; 400mg |
| Ibunate | | | | | 200mg | |
| Ibusor | | | | | 200mg | |
| Naproxen | | | | Napinflam | 250mg | |
| | | | | Naproscript | 250mg | |
| R120 | R120 | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine | 200mg | |
| R85 | R85 | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin | 5mg | |
| | | | | Segavin | 5mg | |
| R30 | R35 | Aspirin: Cardiovascular | Acetylsalicylic acid | Aspirin Teva | 80mg | |
| | | | | Coprin | 100mg | |
| | | | | Myoprin (Not available on KeyCare plans) | 100mg | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|------------------------------------|--|---|---|-------------------|--|
| Systemic lupus erythematosus (SLE) | R25 | R25 | Emollients and protectives: Zinc products | Zinc products | Zinc ointment bp |
| | R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | R440 | R440 | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | | | Azathioprine PCH 50mg |
| | R110 | R110 | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | | | Panafcort 5mg |
| | | | | | Trolic 5mg |
| | R25 | R25 | Topical Corticosteroids: Group III | Betamethasone | Repivate cream 0.1% |
| | | | | | Topivate cream 0.1% |
| Vari-Betamethasone cream 0.1% | | | | | |
| Ulcerative colitis | R10 | R10 | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | R880 | R880 | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Asacol 400mg; 800mg (Not available on KeyCare plans) |
| | | | | | Asacol suppository 500mg (Not available on KeyCare plans) |
| | | | | | Mezavant 1200mg (Only Executive and Comprehensive plans) |
| | | | | | Pentasa 500mg |
| | | | | | Pentasa suppository 1000mg (Not available on KeyCare plans) |
| | | | | Sulfasalazine | Salazopyrin 500mg |
| | | | | | Salazopyrin EN 500mg |
| | R1 940 | R1 940 | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema 0.02mg/1ml (Only Executive and Comprehensive plans) |
| | R440 | R440 | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| Azathioprine PCH 50mg | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------|--|---|---|-------------------|----------------------------|
| Ulcerative colitis | R110 | R110 | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | | | | | Be-Tabs Prednisone 5mg |
| | R20 | R20 | Systemic Corticosteroids: Prednisone | Prednisone | Panafcort 5mg |
| | | | | | Trolic 5mg |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



The Chronic Disease List (CDL) Enhanced medicine list (formulary) for all plan types

The CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2024 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the KeyCare and Smart plans.

| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--|--|---|---|--|---|
| Asthma | R220 | R220 | Anti-asthmatics: Leukotriene receptor antagonists | Montelukast | Astelair 4mg; 5mg; 10mg (Not available on KeyCare plans) |
| | | | | | Kulair 4mg; 5mg; 10mg (Not available on KeyCare plans) |
| | | | | | Maclutek 4mg; 5mg; 10mg (Not available on KeyCare plans) |
| | | | | | Monteflo 4mg; 5mg; 10mg (Not available on KeyCare plans) |
| | | | | | Topraz 4mg; 5mg; 10mg (Not available on KeyCare plans) |
| | R535 | R535 | Indacaterol, Glycopyrronium bromide and Mometasone | Indacaterol, Glycopyrronium bromide and Mometasone | Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160 |
| | R65 | R65 | Nasal Corticosteroids | Beclomethasone | Beclate aquanase 150 dose 50mcg |
| Fluticasone | | | | Fluticasone OTC Teva 120 dose (Not available on KeyCare plans) 50mcg | |
| Cardiac failure | R290 | R290 | Sodium-glucose co-transporter 2 (SGLT2) inhibitors | Dapagliflozin | Daglif 10mg (Not available on KeyCare plans) |
| | | | | | Duforzig 10mg (Not available on KeyCare plans) |
| | | | | | Sagalatin 10mg (Not available on KeyCare plans) |
| Chronic obstructive pulmonary disease (COPD) | R205 | R205 | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/dose |
| | R385 | R385 | Adrenergics: Ultra long acting - Indacaterol | Indacaterol | Onbrez breezhaler (30 caps & inhaler) (Only Executive and Comprehensive plans) |
| | R240 | R240 | Formoterol and Beclomethasone | Formoterol and Beclomethasone | Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans) |
| | R240 | R240 | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 60 dose 160/4.5mcg |
| | | | | | Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans) |
| | | | | | Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans) |
| | | | | | Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans) |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|---|--|---|---|--|---|
| Chronic obstructive pulmonary disease (COPD) | R240 | R240 | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 120 dose 100/5mcg; 200/5mcg |
| | R545 | R545 | Indacaterol and Glycopyrronium bromide | Indacaterol and Glycopyrronium bromide | Ultibro breezhaler (30 caps & inhaler) |
| | R450 | R450 | Inhaled anticholinergics: Glycopyrronium bromide | Glycopyrronium bromide | Seebri breezhaler (30 caps & inhaler) |
| | R410 | R410 | Inhaled anticholinergics: Tiotropium bromide | Tiotropium bromide | Forvent (refill) 18mcg |
| | | | | | Neumotropio 30 inh capsules with zephir inhaler |
| | | | | | Tiores 30 inh capsules with zephir inhaler |
| | | | | | Tiator 30 inh capsules with zephir inhaler |
| | R240 | R240 | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Airflusal forspiro 60 dose 50/250; 50/500 (Not available on KeyCare plans) |
| | | | | | Sereflo DPI 60 dose 50/100; 50/250; 50/500 (Not available on KeyCare plans) |
| | | | | | Sereflo HFA 120 dose 25/50 |
| Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans) | | | | | |
| Sereflo HFA synchrobreathe 120 dose 25/50 | | | | | |
| Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans) | | | | | |
| R240 | R240 | Vilanterol and Fluticasone combinations | Vilanterol and Fluticasone furoate | Revinty ellipta 30 dose 92/22mcg; 184/22mcg (Not available on KeyCare plans) | |
| Chronic renal disease | R270 | R270 | Hepatitis B vaccine | Hepatitis B, purified antigen | Euvax b vial 1ml 20mcg/1ml |
| | | | | | Heberbio hbv sgl dose 1ml adult 20mcg/1ml |
| Coronary artery disease | R130 | R130 | Anti-thrombotic agents: Clopidogrel | Clopidogrel | Aviolix 75mg |
| | | | | | Clovexa 75mg |
| | | | | | Plagrol 75mg |
| Diabetes mellitus Type 2 | R340 | R340 | Anti-diabetic agents: Metformin and Dapagliflozin | Metformin and Dapagliflozin | Synglutra 10/1000mg (Not available on KeyCare plans) |
| | R190 | R245 | Anti-diabetic agents: Oral drug combinations | Metformin and Vildagliptin | Jalramet 50/850mg; 50/1000mg (Not available on KeyCare plans) |
| | R710 | R710 | Anti-diabetic agents: Other, excluding Insulins - Exenatide | Exenatide | Byetta disposable pen 60 dose 1.2ml 5mcg/dose |
| Byetta disposable pen 60 dose 2.4ml 10mcg/dose | | | | | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|--------------------------------------|---|---|--|--|---|
| Diabetes mellitus Type 2 | R140 | R195 | Dipeptidyl peptidase inhibitors: Vildagliptin | Vildagliptin | Jalra (Not available on KeyCare plans) 50mg |
| | | | | | Zomvil (Not available on KeyCare plans) 50mg |
| | R290 | R290 | Sodium-glucose co-transporter 2 (SGLT2) inhibitors | Dapagliflozin | Daglif (Not available on KeyCare plans) 10mg |
| | | | | | Duforzig (Not available on KeyCare plans) 10mg |
| | | | | | Sagalatin (Not available on KeyCare plans) 10mg |
| | Multiple sclerosis | R6 160 | R6 160 | Cytokines and immunomodulators - Other | Glatiramer Acetate |
| Copaxone pre-filled pen 1ml 40mg/1ml | | | | | |
| R6 160 | | R6 160 | Selective immunosuppressive agents: Fingolimod | Fingolimod | Filengia 0.5mg |
| | | | | | Glomatin 0.5mg |
| | | | | | Myelenea 0.5mg |
| R5 795 | | R5 795 | Selective immunosuppressive agents: Teriflunomide | Teriflunomide | Aubamide 14mg |
| | | | | | Auberif 14mg |
| | | | | | Teriflunomide 14 Teva 14mg |
| Rheumatoid arthritis | | R65 | R220 | Anti-inflammatory agents: Coxibs | Celecoxib |
| | Celebrex 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Celecoxib Unicorn 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Colcibra 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Coxep 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Coxleon 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Cyretib 100mg; 200mg (Not available on KeyCare plans) | | | | |
| | Vexicop 100mg; 200mg (Not available on KeyCare plans) | | | | |
| Systemic lupus erythematosus (SLE) | R65 | R220 | Anti-inflammatory agents: Coxibs | Celecoxib | Anabrex 100mg; 200mg (Not available on KeyCare plans) |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| CHRONIC DISEASE LIST CONDITION | CDA FOR CORE, PRIORITY AND SAVER PLANS | CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS | MEDICINE CLASS | ACTIVE INGREDIENT | MEDICINE NAME AND STRENGTH |
|------------------------------------|--|---|----------------------------------|-------------------|---|
| Systemic lupus erythematosus (SLE) | R65 | R220 | Anti-inflammatory agents: Coxibs | Celecoxib | Celebrex 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Celecoxib Unicorn 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Colcibra 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Coxep 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Coxleon 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Cyretib 100mg; 200mg (Not available on KeyCare plans) |
| | | | | | Vexicop 100mg; 200mg (Not available on KeyCare plans) |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Not available on KeyCare plans

| CHRONIC DISEASE LIST CONDITION | MONTHLY LIMIT AMOUNT | SURGICAL CLASS |
|--------------------------------|----------------------|--|
| Diabetes mellitus Type 1 | R1 680 | Insulin pump reservoirs and infusion sets (Only Executive and Comprehensive plans) |

Oxygen

| CHRONIC DISEASE LIST CONDITION | MONTHLY LIMIT AMOUNT FOR KEYCARE PLANS | MONTHLY LIMIT AMOUNT FOR NON-KEYCARE PLANS | SURGICAL CLASS |
|--|--|--|------------------------------|
| Chronic obstructive pulmonary disease (COPD) | R797 | R886 | Oxygen Concentrator (Rental) |

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

| CHRONIC DISEASE LIST CONDITION | MEDICINE CLASS | ACTIVE INGREDIENT | FREQUENCY |
|---|-----------------------|--|--------------------|
| Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD) | Influenza vaccines | Influenza, purified antigen | Yearly |
| Cardiac failure Cardiomyopathy | Pneumococcus vaccines | Pneumococcal Polysaccharide Vaccine (PPSV23) | Once in a lifetime |
| | | Pneumococcal Conjugate Vaccine (PCV13) | Once in a lifetime |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



Chronic Drug Amounts for the Executive and Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AMOUNT (CDA) | MEDICINE CLASS |
|---|--|--|
| Ankylosing spondylitis | R65 | Anti-inflammatory agents - Acetic acid derivatives and related substances |
| | R40 | Anti-inflammatory agents - Butylpyrazolidines |
| | R220 | Anti-inflammatory agents - Coxibs |
| | R60 | Anti-inflammatory agents - Fenamates |
| | R60 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
| | R65 | Anti-inflammatory agents - Oxicams |
| | R50 | Anti-inflammatory agents - Propionic acid derivatives |
| | R10 | Folic acid and derivatives |
| | R880 | Intestinal anti-inflammatories - Aminosalicylic acid and similar agents |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R775 | Selective immunosuppressive agents - Leflunomide |
| R270 | Systemic Corticosteroids - Betamethasone | |
| Behcet's disease | R360 | Alkylating agents - Nitrogen mustard analogues |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Cystic fibrosis | R205 | Adrenergics - Long acting - Salmeterol |
| | R40 | Adrenergics - Short acting - Salbutamol |
| | R27 000 | Anti-bacterial agents, Systemic - Aminoglycosides |
| | R485 | Anti-bacterial agents, Systemic - Macrolides |
| | R455 | Anti-bacterial agents, Systemic - Other |
| | R345 | Anti-bacterial agents, Systemic - Penicillins |
| | R140 | Anti-bacterial agents, Systemic - Quinolones |
| | R60 | Anti-bacterial agents, Systemic - Sulfonamides |
| | R440 | Anti-fungal agents, Systemic |
| | R7 296 | Digestive enzymes |
| | R300 | Drugs for constipation |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AMOUNT (CDA) | MEDICINE CLASS |
|---|---------------------------|---|
| Cystic fibrosis | R245 | Mucolytics |
| | R650 | Nutritional supplements |
| | R110 | Other plain vitamin preparations |
| | R110 | Potassium supplements |
| | R100 | Sodium Chloride for nebulisation |
| | R270 | Systemic Corticosteroids - Betamethasone |
| | R365 | Vitamin D and analogues |
| Delusional disorder | R295 | Anticholinergic agents - Tertiary amines |
| | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R400 | Anti-psychotics - Phenothiazines with aliphatic side-chain |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |
| | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine |
| | R340 | Other anti-depressants - Vortioxetine |
| Dermatopolymyositis | R120 | Anti-rheumatic agents - Chloroquine |
| | R10 | Folic acid and derivatives |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Generalised anxiety disorder | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|---------------------------|---|
| Generalised anxiety disorder | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine |
| | R340 | Other anti-depressants - Vortioxetine |
| Huntington's disease | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R300 | Anti-epileptics - Benzodiazepine derivatives |
| | R385 | Anti-epileptics - Carboxamide derivatives |
| | R430 | Anti-epileptics - Fatty acid derivatives |
| | R115 | Anti-epileptics - Hydantoin derivatives |
| | R325 | Anti-epileptics - Other agents |
| | R720 | Anti-epileptics - Succinimide derivatives |
| | R345 | Anti-psychotics - Lithium |
| | R400 | Anti-psychotics - Phenothiazines with aliphatic side-chain |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |
| | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine |
| | R340 | Other anti-depressants - Vortioxetine |
| Isolated growth hormone deficiency in children under 18 years | R11 850 | Anterior Pituitary hormones - Somatropin and somatropin agonists |
| Major depression | R295 | Anticholinergic agents - Tertiary amines |
| | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|--|---|
| Major depression | R95 | Anti-depressants - Tricyclics |
| | R385 | Anti-epileptics - Carboxamide derivatives |
| | R430 | Anti-epileptics - Fatty acid derivatives |
| | R115 | Anti-epileptics - Hydantoin derivatives |
| | R325 | Anti-epileptics - Other agents |
| | R720 | Anti-epileptics - Succinimide derivatives |
| | R360 | Anti-psychotics - Benzamides |
| | R345 | Anti-psychotics - Lithium |
| | R650 | Anti-psychotics - Thioxanthene derivatives |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R250 | Other anti-depressants - Melatonergic agents - Agomelatine |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |
| | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine | |
| R340 | Other anti-depressants - Vortioxetine | |
| Motor neurone disease | R95 | Anti-depressants - Tricyclics |
| | R300 | Anti-epileptics - Benzodiazepine derivatives |
| | R440 | Muscle relaxants - Carbamic acid esters |
| | R6 230 | Other nervous system drugs |
| Muscular dystrophy and other inherited myopathies | R300 | Anti-epileptics - Benzodiazepine derivatives |
| | R440 | Muscle relaxants - Carbamic acid esters |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Myasthenia gravis | R360 | Alkylating agents - Nitrogen mustard analogues |
| | R10 | Folic acid and derivatives |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R2 300 | Parasympathomimetics - Anticholinesterases |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|--|---|
| Myasthenia gravis | R110 | Potassium supplements |
| | R2 460 | Selective immunosuppressive agents - Mycophenolic acid |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Obsessive compulsive disorder | R295 | Anticholinergic agents - Tertiary amines |
| | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R385 | Anti-epileptics - Carboxamide derivatives |
| | R430 | Anti-epileptics - Fatty acid derivatives |
| | R115 | Anti-epileptics - Hydantoin derivatives |
| | R325 | Anti-epileptics - Other agents |
| | R720 | Anti-epileptics - Succinimide derivatives |
| | R345 | Anti-psychotics - Lithium |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |
| | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine | |
| R340 | Other anti-depressants - Vortioxetine | |
| Osteoporosis | R575 | Anti-parathyroid agents - Calcitonin preparations |
| | R320 | Drugs treating bone disorders - Bisphosphonates |
| | R320 | Other drugs treating bone disorders |
| | R800 | Selective estrogen receptor modulators |
| Paget's disease | R320 | Drugs treating bone disorders - Bisphosphonates |
| Panic disorder | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|---------------------------|--|
| Panic disorder | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine |
| | R340 | Other anti-depressants - Vortioxetine |
| Polyarteritis nodosa | R120 | Anti-rheumatic agents - Chloroquine |
| | R10 | Folic acid and derivatives |
| | R880 | Intestinal anti-inflammatories - Aminosalicylic acid and similar agents |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Post traumatic stress disorder | R750 | Anti-depressants - MAOI's - Non-selective |
| | R130 | Anti-depressants - SSRI's |
| | R95 | Anti-depressants - Tricyclics |
| | R340 | Other anti-depressants - Augmenters - Trazodone |
| | R750 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin |
| | R325 | Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine |
| | R700 | Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine |
| | R375 | Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine |
| | R180 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine |
| | R250 | Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine |
| | R340 | Other anti-depressants - Vortioxetine |
| | Psoriatic arthritis | R65 |
| R40 | | Anti-inflammatory agents - Butylpyrazolidines |
| R220 | | Anti-inflammatory agents - Coxibs |
| R60 | | Anti-inflammatory agents - Fenamates |
| R60 | | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
| R65 | | Anti-inflammatory agents - Oxicams |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|---------------------------|--|
| Psoriatic arthritis | R50 | Anti-inflammatory agents - Propionic acid derivatives |
| | R120 | Anti-rheumatic agents - Chloroquine |
| | R10 | Folic acid and derivatives |
| | R880 | Intestinal anti-inflammatories - Aminosalicilyc acid and similar agents |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Pulmonary interstitial fibrosis | R205 | Adrenergics - Long acting - Salmeterol |
| | R40 | Adrenergics - Short acting - Salbutamol |
| | R360 | Alkylating agents - Nitrogen mustard analogues |
| | R120 | Anti-rheumatic agents - Chloroquine |
| | R10 | Folic acid and derivatives |
| | R260 | Inhaled anticholinergics - Ipratropium bromide |
| | R190 | Inhaled Glucocorticoids |
| | R880 | Intestinal anti-inflammatories - Aminosalicilyc acid and similar agents |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Sjogren's syndrome | R65 | Anti-inflammatory agents - Acetic acid derivatives and related substances |
| | R40 | Anti-inflammatory agents - Butylpyrazolidines |
| | R220 | Anti-inflammatory agents - Coxibs |
| | R60 | Anti-inflammatory agents - Fenamates |
| | R60 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
| | R65 | Anti-inflammatory agents - Oxicams |
| | R50 | Anti-inflammatory agents - Propionic acid derivatives |
| | R120 | Anti-rheumatic agents - Chloroquine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R100 | Other urologicals |
| | R270 | Systemic Corticosteroids - Betamethasone |
| Systemic sclerosis | R360 | Alkylating agents - Nitrogen mustard analogues |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



| ADDITIONAL DISEASE LIST (ADL) CONDITION | CHRONIC DRUG AAMOUT (CDA) | MEDICINE CLASS |
|---|--|--|
| Systemic sclerosis | R65 | Anti-inflammatory agents - Acetic acid derivatives and related substances |
| | R40 | Anti-inflammatory agents - Butylpyrazolidines |
| | R220 | Anti-inflammatory agents - Coxibs |
| | R60 | Anti-inflammatory agents - Fenamates |
| | R60 | Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids |
| | R65 | Anti-inflammatory agents - Oxicams |
| | R50 | Anti-inflammatory agents - Propionic acid derivatives |
| | R2 185 | Anti-metabolites - Purine analogues |
| | R120 | Anti-rheumatic agents - Chloroquine |
| | R1 300 | Anti-rheumatic agents - Penicillamine and similar agents |
| | R10 | Folic acid and derivatives |
| | R440 | Other immunosuppressive agents - Azathioprine |
| | R110 | Other immunosuppressive agents - Methotrexate |
| | R110 | Potassium supplements |
| | R190 | Proton pump inhibitors |
| | R85 | Selective calcium channel blockers with mainly vascular effects |
| R270 | Systemic Corticosteroids - Betamethasone | |

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.



Working to care for and protect you

Our goal is to provide support for you in the times when you need it most.

How to contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66.

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

What to do if you have a complaint

01 | To take your query further:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

02 | To contact the principal officer:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on www.discovery.co.za or by emailing principalofficer@discovery.co.za.

03 | To lodge a dispute:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

04 | To contact the Council for Medical Schemes:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za | 0861 123 267 | www.medicalschemes.co.za.

Your privacy is important to us

We hold your privacy in the highest regard. Our unwavering commitment to protecting your personal information and ensuring the security and confidentiality of your data is clearly outlined in our Privacy Statement. You can view our latest version on www.discovery.co.za > Medical aid > About Discovery Health Medical Scheme.

CHRONIC ILLNESS BENEFIT MEDICINE LIST (FORMULARY)

Discovery Health Medical Scheme, registration number 1125, is regulated by the Council for Medical Schemes and administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider. Find a healthcare provider and the Discovery Health app are brought to you by Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes.